VAST.Rehab
REHABILITATION IN VIRTUAL REALITY

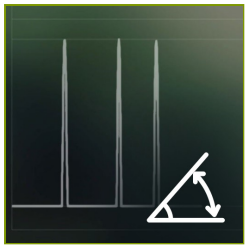
BASE PACK FOR CUBITO

2025.1

WHAT IS NEEDED?

Please make sure the PC where you want this module to be active have VAST.Rehab Patient Panel installed and that following hardware requirements are met:

- Windows 10
- INTEL i5 processor
- 8GB RAM
- nVidia GeForce 1050 GTX graphic card

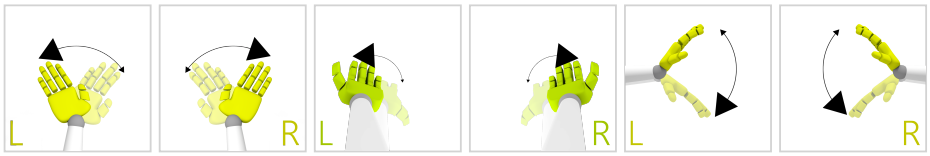


RANGE OF MOTION

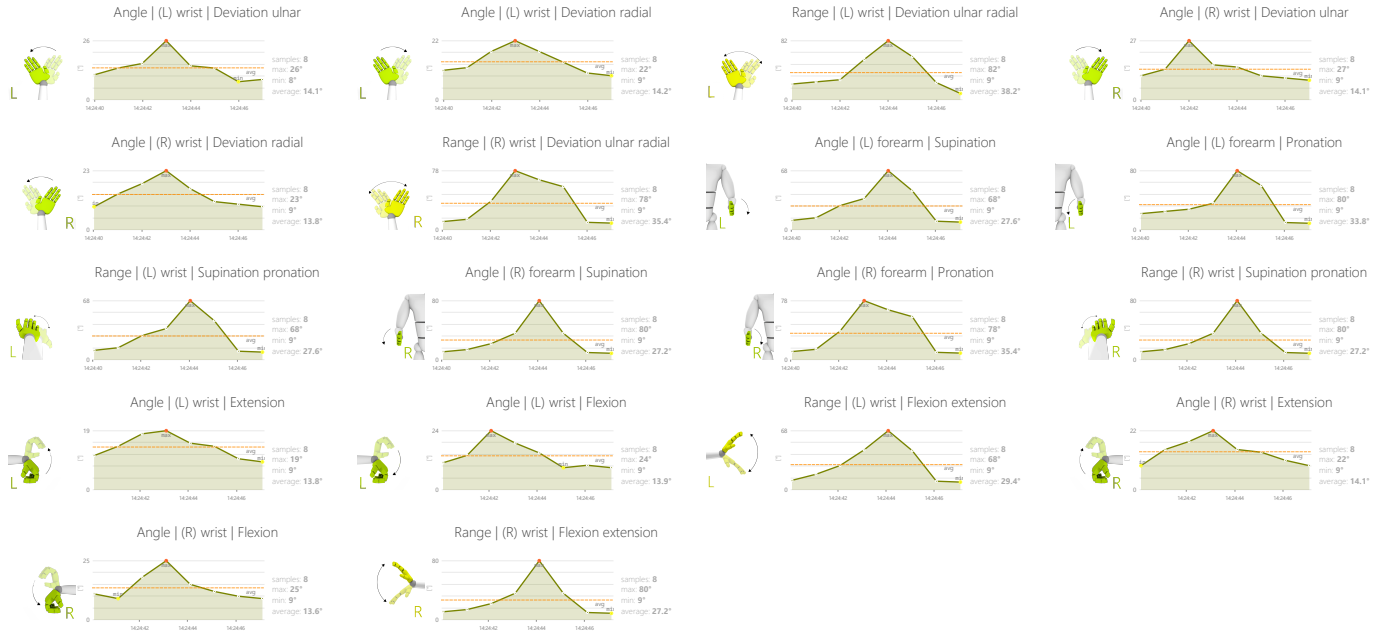
ANGLES EVALUATION

Measure and gently motivate to increase individual's range of motion in predefined movement patterns.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Angular range
- Time to complete action
- Resistance

OBJECTIVES

- Range of motion examination

INSTRUCTION FOR PATIENT

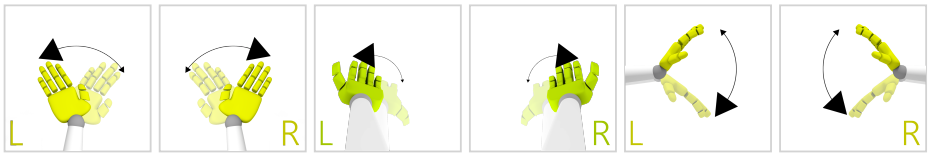
Try to achieve best result

SPEED

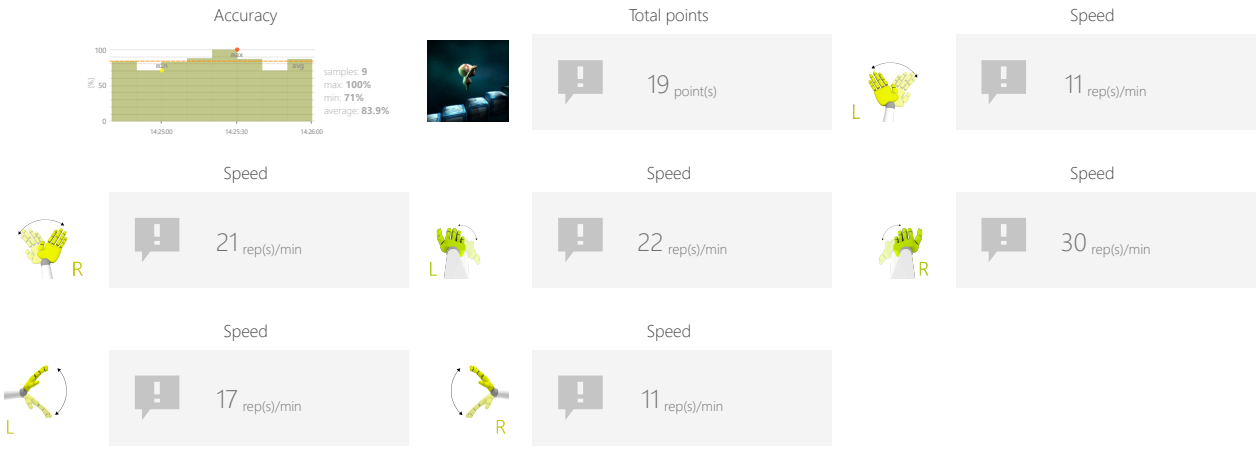
STAIRS

Measure number of repetitions of specific movement pattern an individual is able to perform within predefined time interval.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Task duration
- Angular range
- Range adjustment
- Max time per floor
- Number of stairs
- Pause length
- Resistance

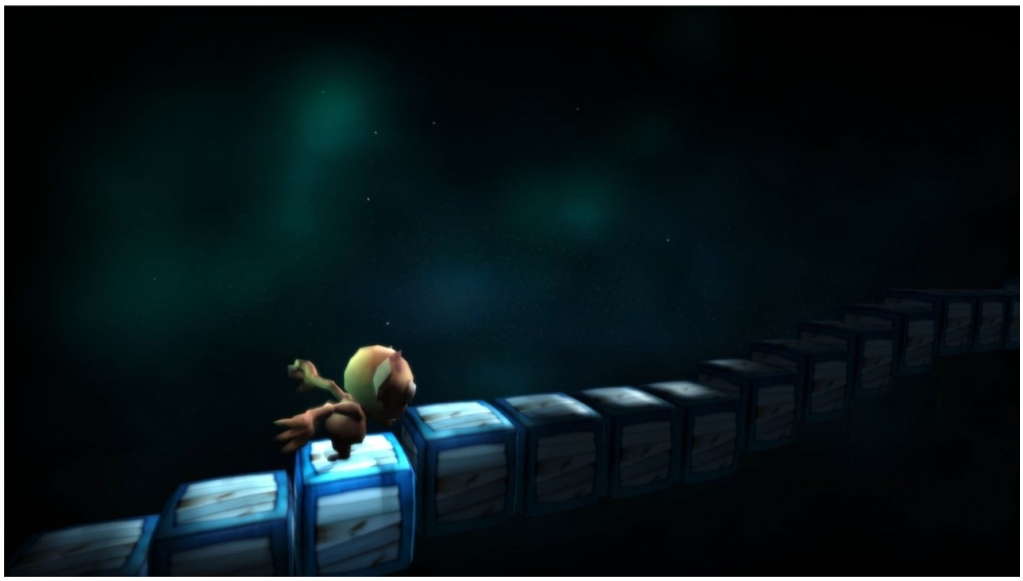
OBJECTIVES

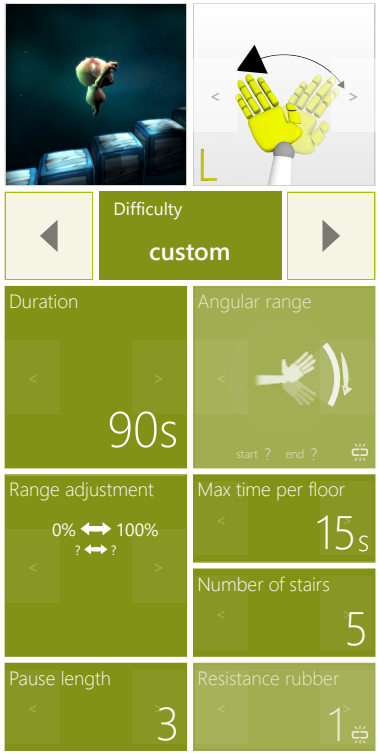
- Jumping
- Knees lifting
- Dynamics of planned movements

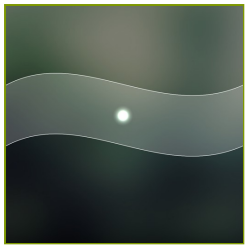
INSTRUCTION FOR PATIENT

Climb the stairs before they disappear.

SAMPLE SETTINGS





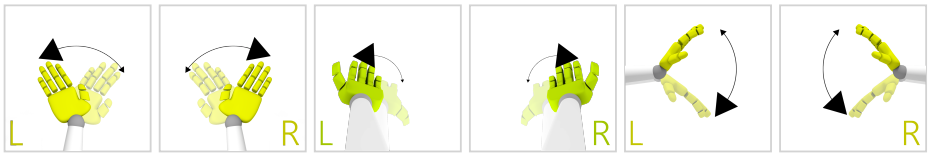


MOVEMENT PRECISION

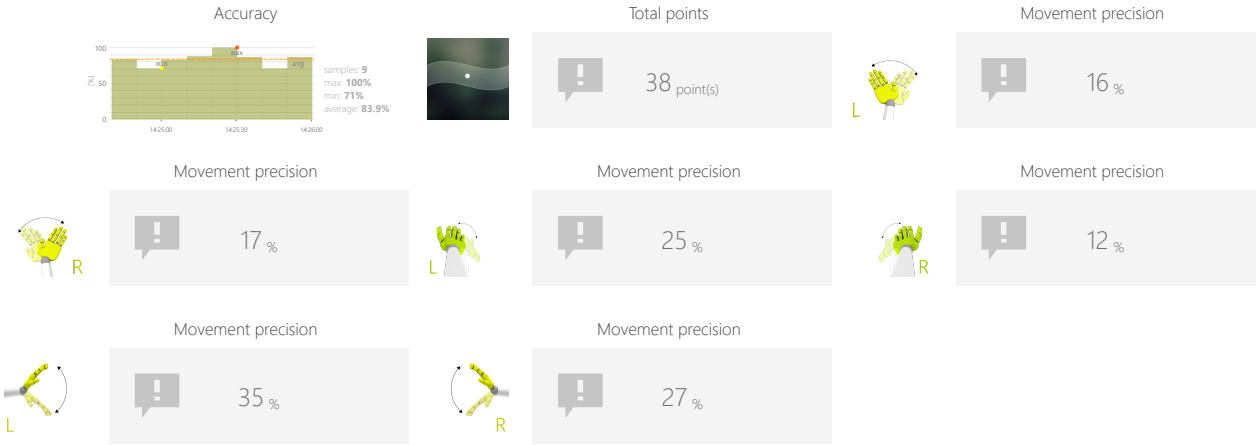
GRAPH

Measure and train individual's skills to perform specific movement patterns with predefined speed and range.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Graph shape (sinus or square, amplitude, border, etc.)
- Task duration
- Angular range
- Range adjustment
- Resistance

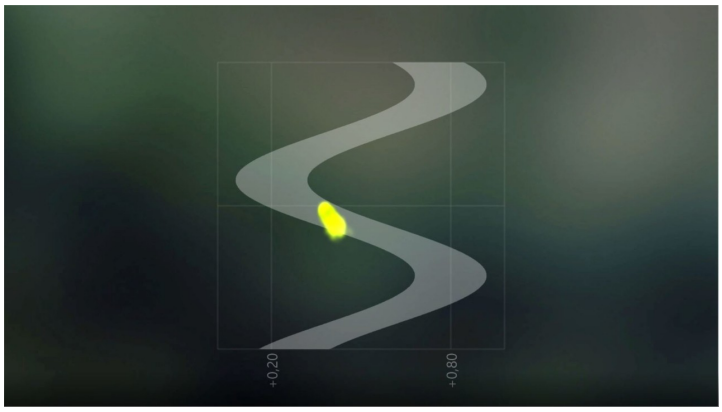
OBJECTIVES

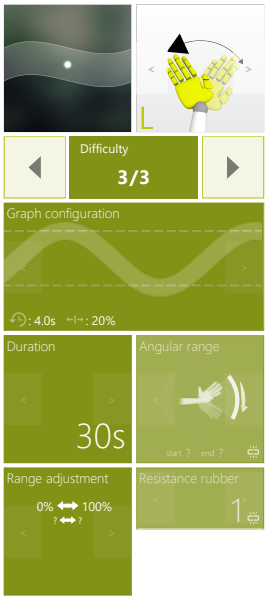
- Movement precision
- Activity in a given rhythm
- Repetitive movements
- Hands raising

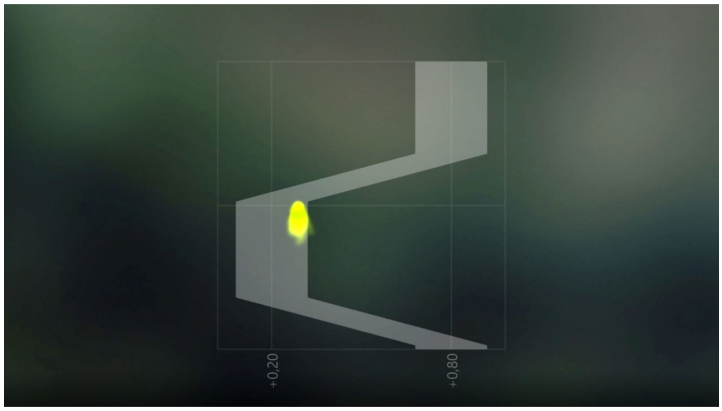
INSTRUCTION FOR PATIENT

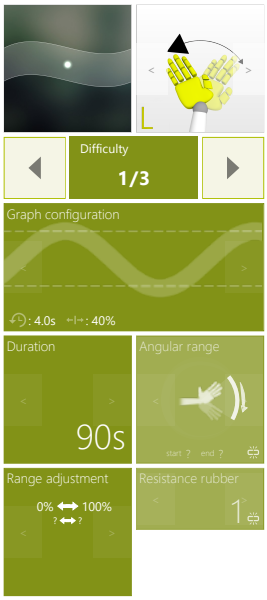
Try to stay within the borders.

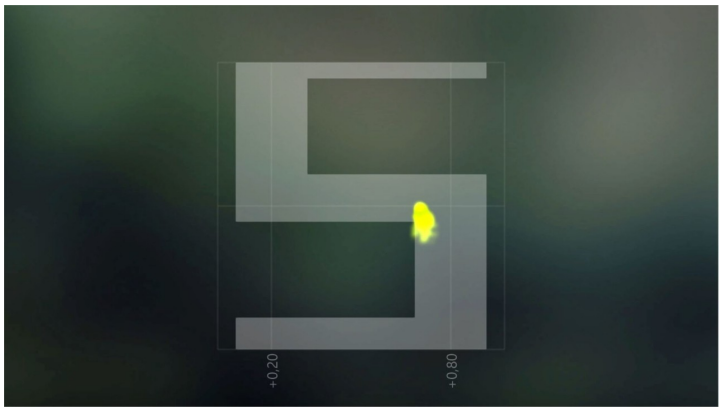
SAMPLE SETTINGS

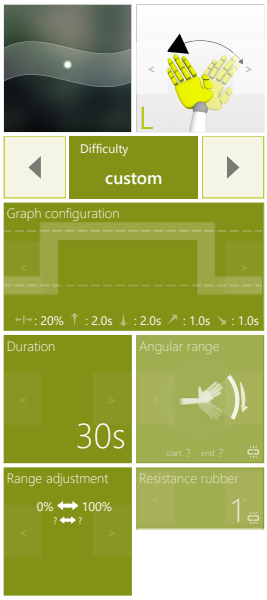


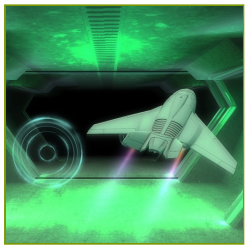










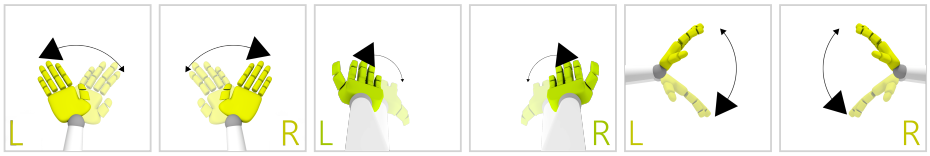


FUNCTIONAL MOVEMENTS

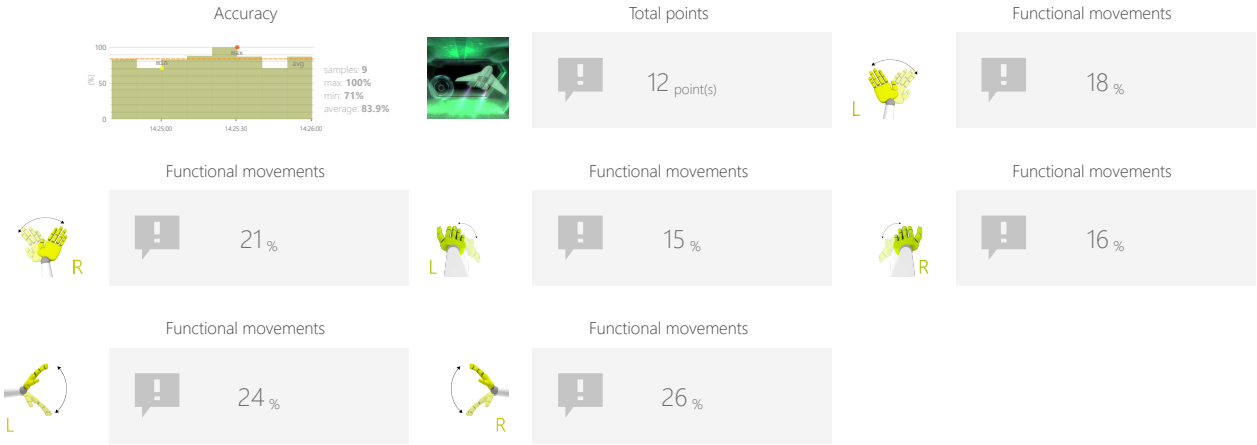
AIRPLANE

Measure and train individual's skills to perform movements based on real-world situational biomechanics. They usually involve multi-planar, multi-joint movements which place demand on the body's core musculature and innervation.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Speed
- Task duration
- Angular range
- Range adjustment
- Resistance

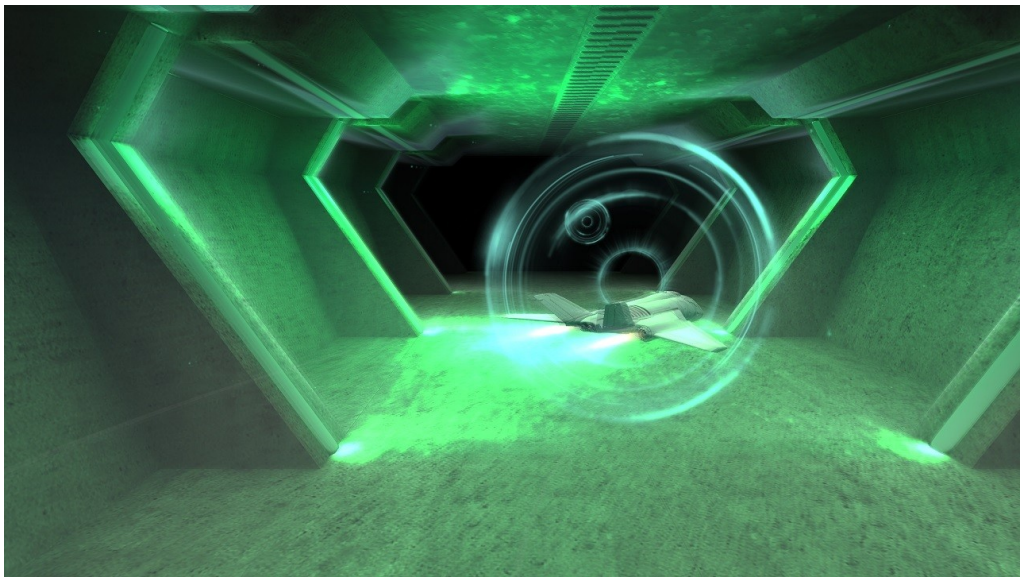
OBJECTIVES

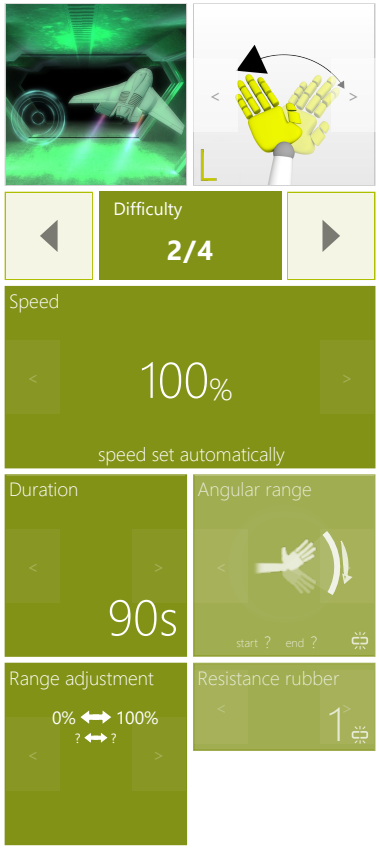
- Focusing
- Perceptivity
- Movement precision
- Predicting the trajectory of objects in 3D space
- Balance and equilibrium training

INSTRUCTION FOR PATIENT

Make the airplane fly through the circles. The closer to the center it flies the more points you get.

SAMPLE SETTINGS



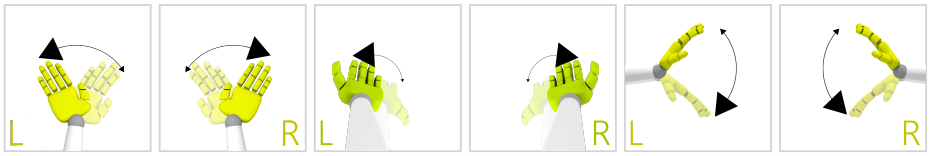


FUNCTIONAL MOVEMENTS

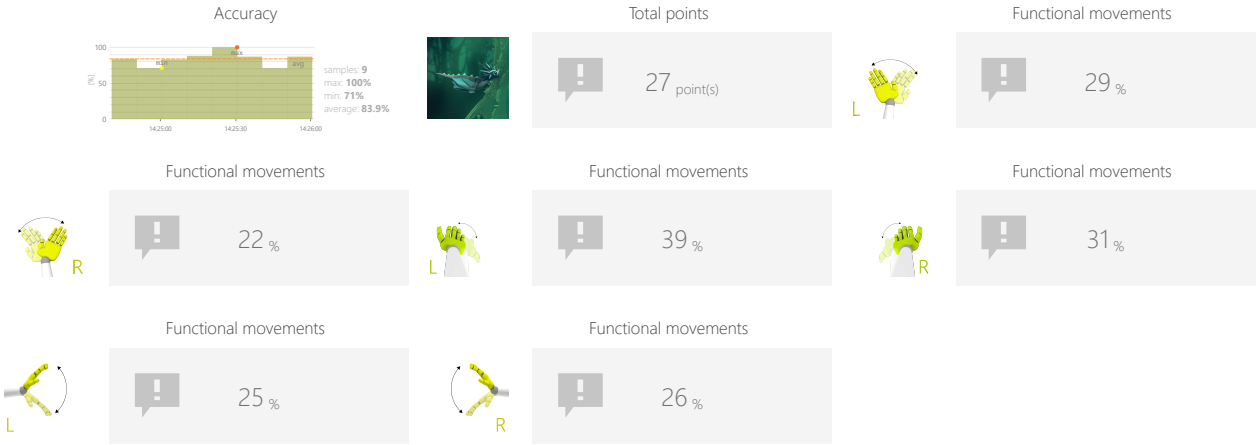
DRAGON

Measure and train individual's skills to perform movements based on real-world situational biomechanics. They usually involve multi-planar, multi-joint movements which place demand on the body's core musculature and innervation.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Task duration
- Angular range
- Range adjustment
- Coins group size
- Distance between coins
- Gravity force
- Resistance

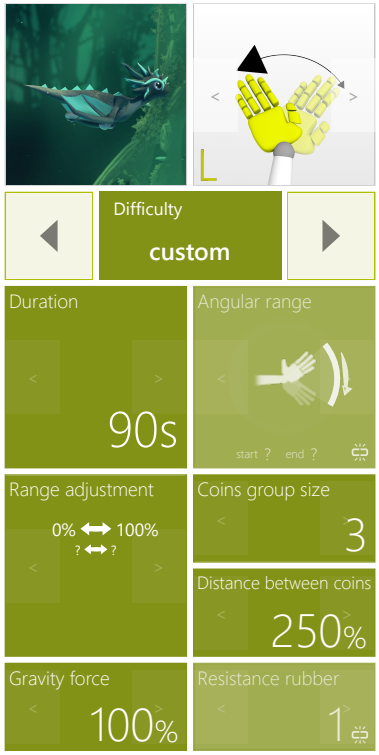
OBJECTIVES

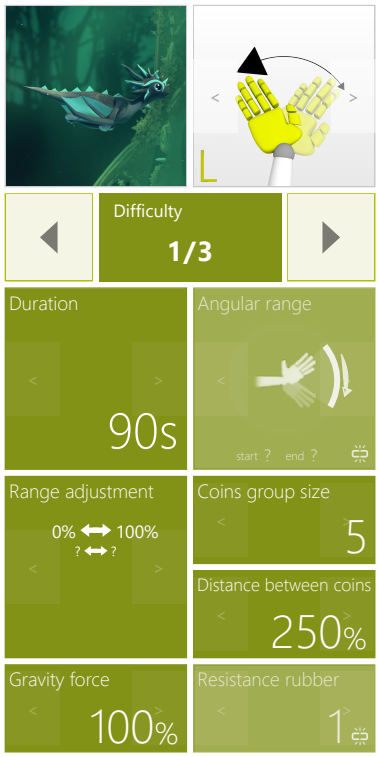
- Predicting the trajectory of objects
- Improve range of motion
- Visual motor coordination
- Muscle strengthening
- Planning and Strategy

INSTRUCTION FOR PATIENT

Fly and collect the coins.

SAMPLE SETTINGS



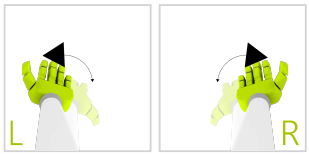


FUNCTIONAL MOVEMENTS

AMBULANCE

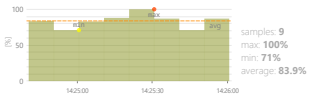
Measure and train individual's skills to perform movements based on real-world situational biomechanics. They usually involve multi-planar, multi-joint movements which place demand on the body's core musculature and innervation.

CONTROL MODES



RESULTS

Accuracy



Total points

37 point(s)

Functional movements

29 %

Functional movements

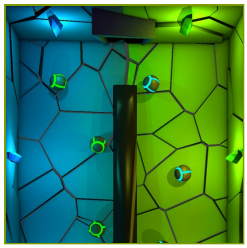
20 %

OBJECTIVES

- Balance and equilibrium training
- Dynamics of planned movements
- Focusing
- Speed of decision making
- Visual motor coordination

INSTRUCTION FOR PATIENT

Go as fast as you can and avoid hitting other cars.

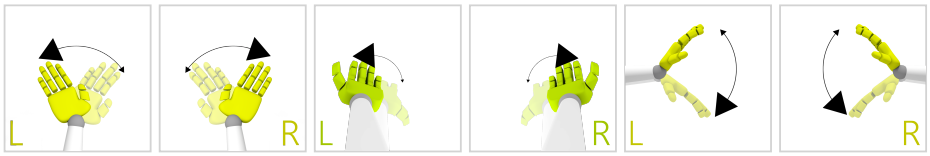


DIVIDED ATTENTION

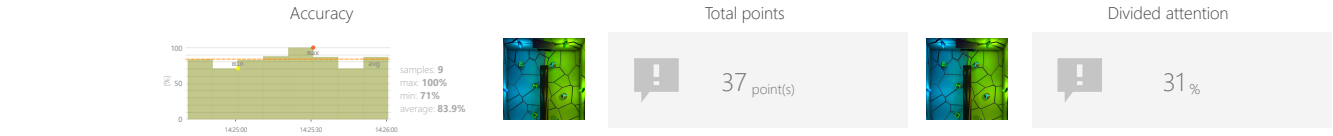
SORTER

Measure and train individual's skills to successfully execute more than one action at a time, while paying attention to two or more channels of information.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Task duration
- Angular range
- Range adjustment
- Number of objects
- Gap size
- Speed of objects
- Resistance

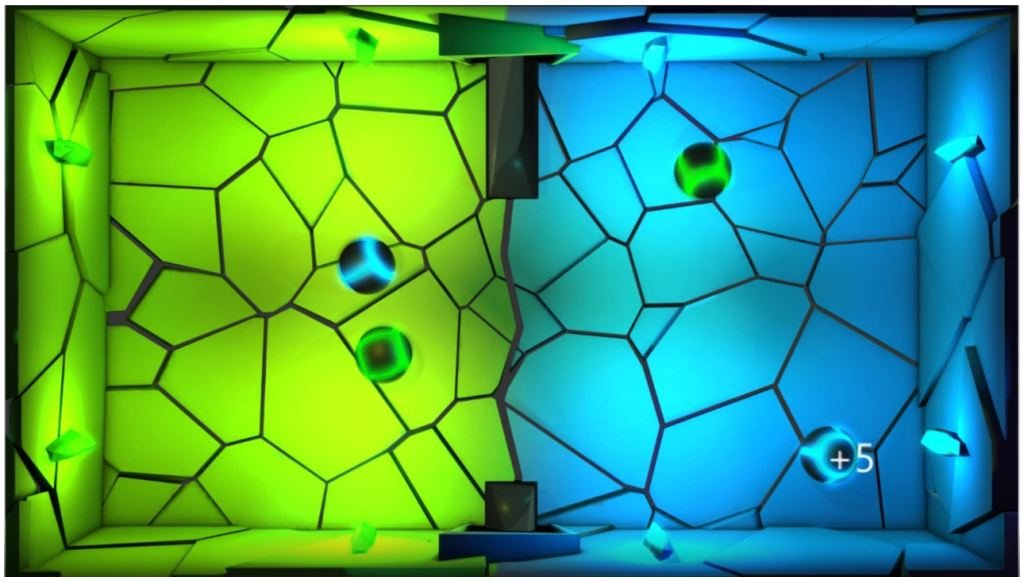
OBJECTIVES

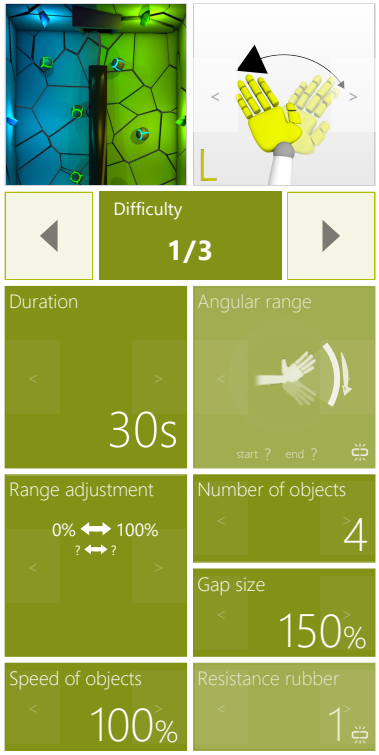
- Predicting the trajectory of objects
- Focusing
- Perceptivity
- Movement precision
- Exercise with or without support from healthy limb

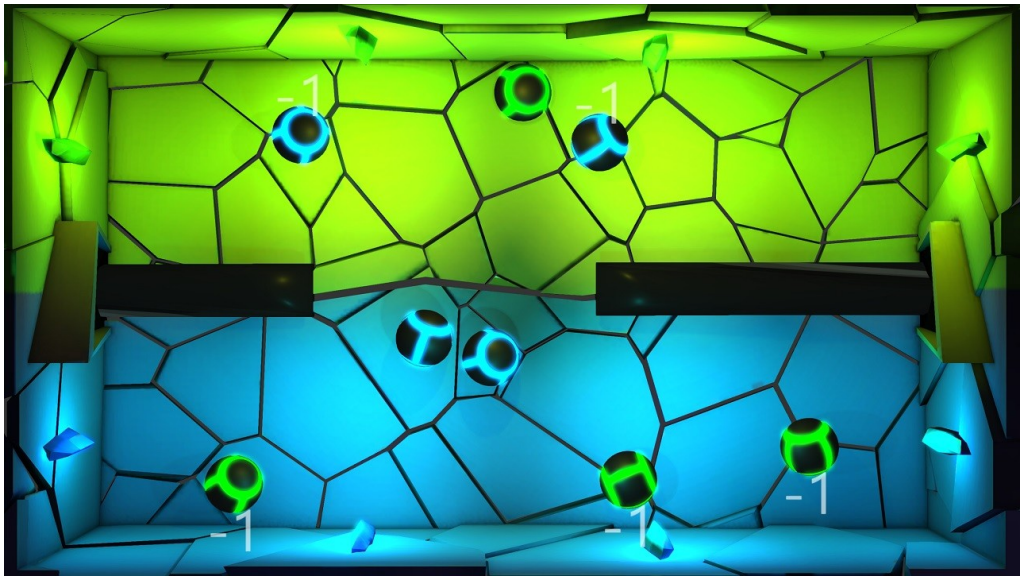
INSTRUCTION FOR PATIENT

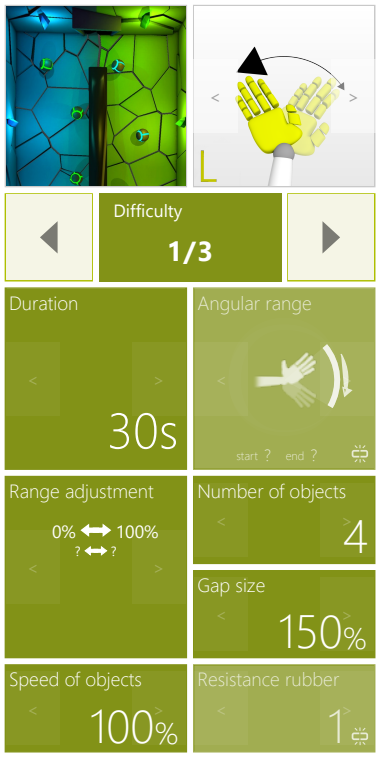
Pass or block the balls so that the blue balls are on the blue side and the green balls are on the green side of the screen.

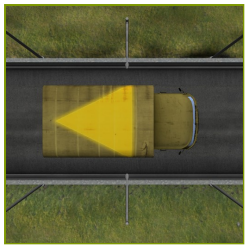
SAMPLE SETTINGS









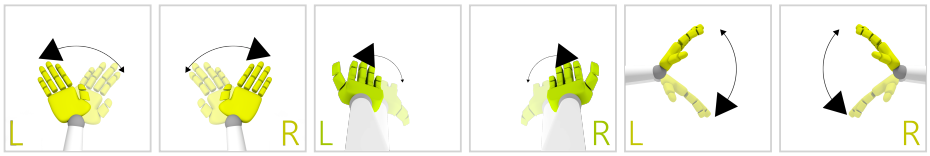


MEMORY

TRUCKS

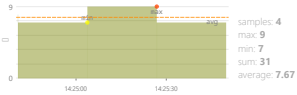
Measure and train individual's skills to memorize information.

CONTROL MODES



RESULTS

Number of repetitions



Accuracy

Total points

36 point(s)

Memory

25 %

ADJUSTMENTS

- Task duration
- Angular range
- Range adjustment
- Resistance
- Variations

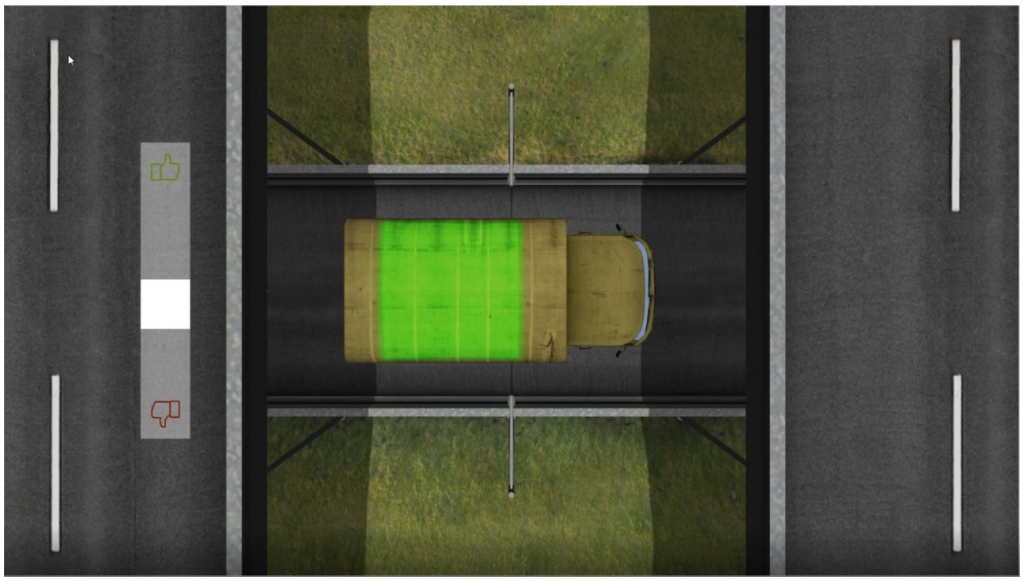
OBJECTIVES

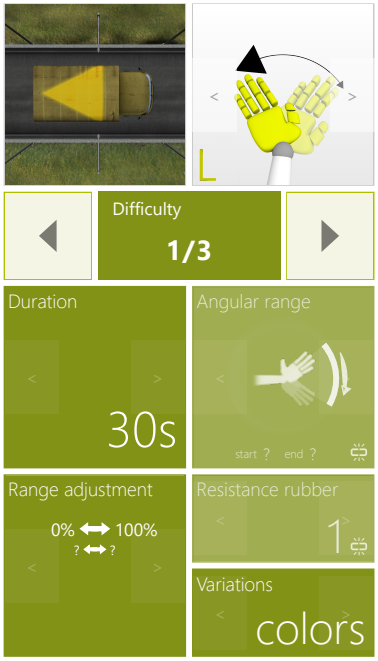
- Logical tasks
- Focusing
- Perceptivity

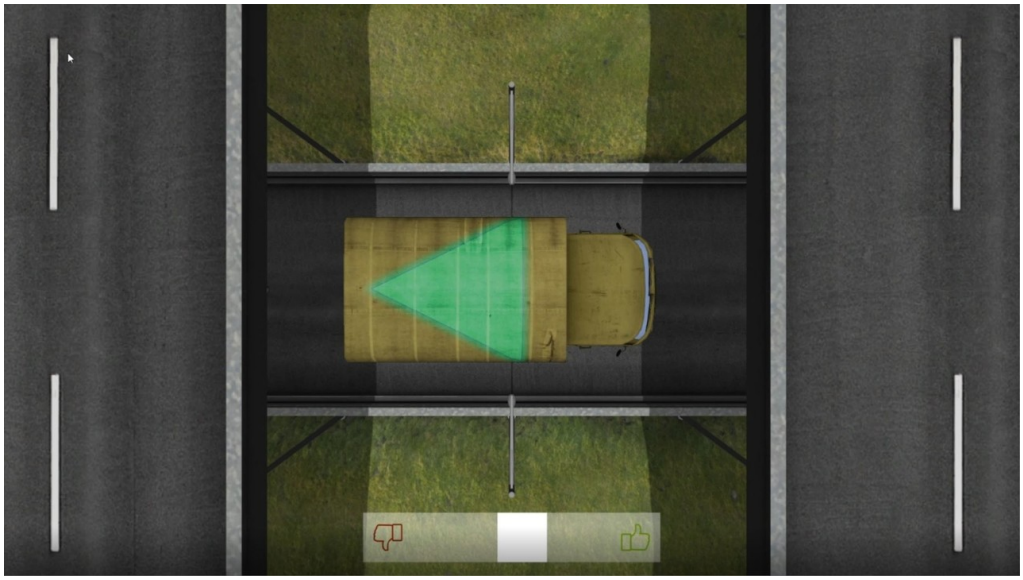
INSTRUCTION FOR PATIENT

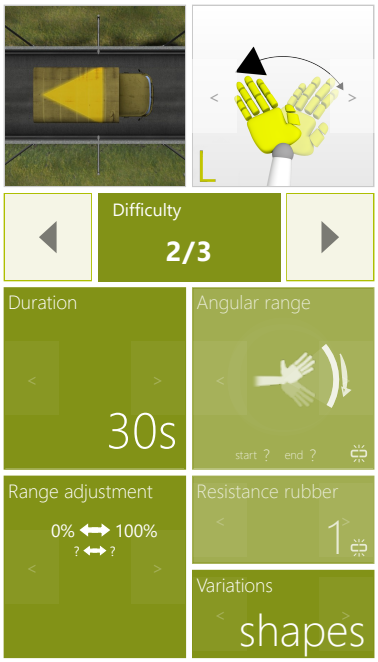
Remember the shape and/or its color on the roof of the car you see. Decide with thumbs up or down whether the next car has the same shape and/or color on the roof as the previous one.

SAMPLE SETTINGS







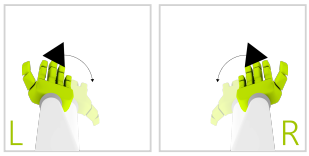


PROBLEM SOLVING

CLONES

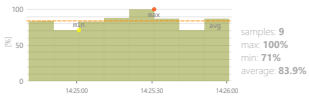
Measure and train individual's skills to reach a solution of specific problems. Problem solving may include mathematical or systematic operations and can be a gauge of an individual's critical thinking skills.

CONTROL MODES



RESULTS

Accuracy



Total points

21 point(s)

Problem solving

29 %

OBJECTIVES

- Perceptivity
- Visual motor coordination
- Logical tasks

INSTRUCTION FOR PATIENT

Select the item which has a pair on the screen.

SPECIALIZED

BLOOD PRESSURE

Specialized tasks and evaluations that collect data from multiple categories or do have a unique objectives.

CONTROL MODES

ADJUSTMENTS

- Angular range
- Range adjustment
- Resistance

OBJECTIVES

- Monitor external parameters

INSTRUCTION FOR PATIENT

Measure yourself your blood pressure and type it in the result.