

BASE PACK FOR PULMO

2025.1

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Strength	35
Divided attention	36
Memory	38
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WHAT IS NEEDED?

Please make sure the PC where you want this module to be active have VAST.Rehab Patient Panel installed and that the following hardware requirements are met:

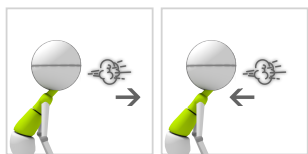
- Windows 10/11
- Intel Core i5 (8th gen or newer). Important: Avoid ultra-low-power versions (e.g., i5-8250U), as they may not meet performance requirements. Prefer standard or high-performance CPUs.
- Minimum: 8 GB RAM (16 GB or more recommended for optimal performance).



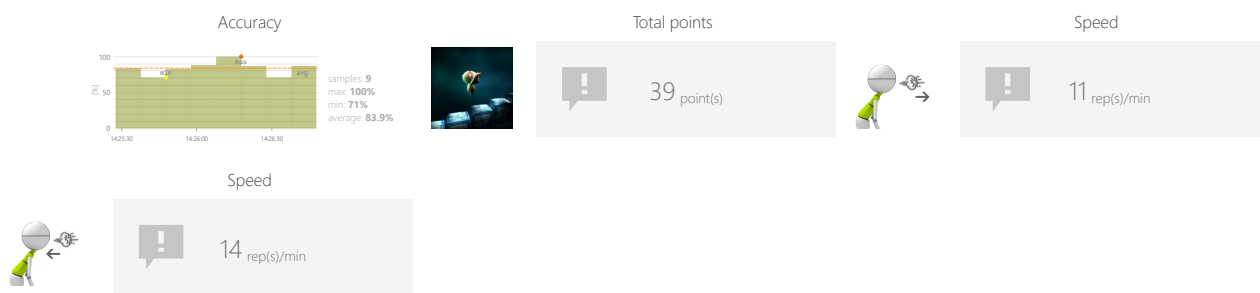
SPEED STAIRS

Measure number of repetitions of specific movement pattern an individual is able to perform within predefined time interval.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Task duration
- Device range
- Exhalation
- Max time per floor
- Number of stairs
- Pause length
- Resistance

OBJECTIVES

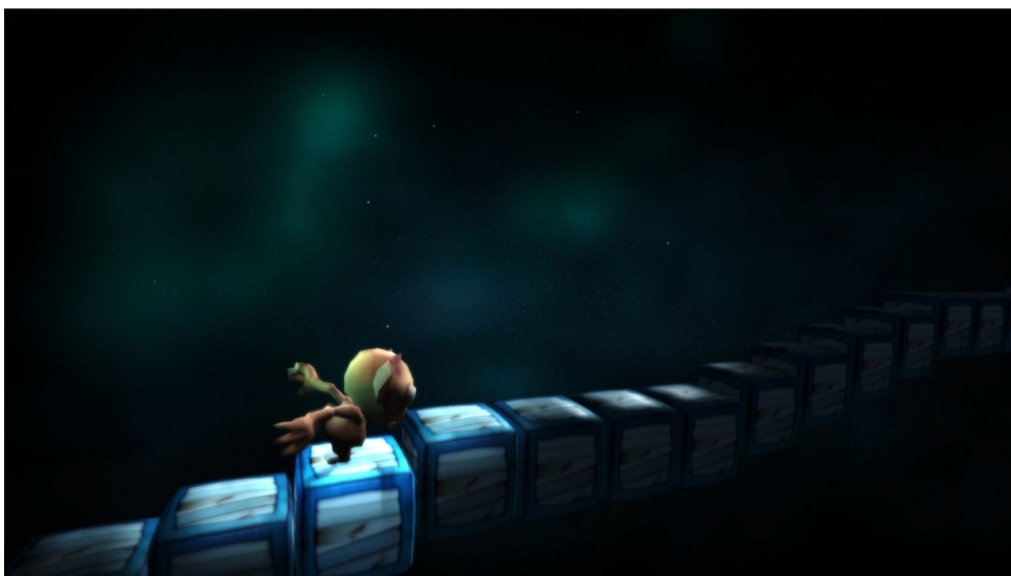
- Jumping
- Knees lifting
- Dynamics of planned movements

INSTRUCTION FOR PATIENT

Climb the stairs before they disappear.



SAMPLE SETTINGS



◀	Difficulty custom	▶
Duration 90s		Device range ? ↔ ?
Exhalation 20% ↔ 80% ? ↔ ?		Max time per floor 15s
Pause length 3		Number of stairs 5
		Resistance max



MOVEMENT PRECISION

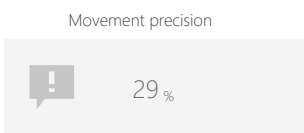
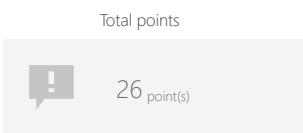
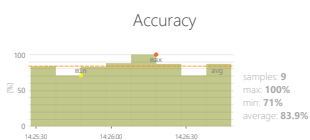
FISH

Measure and train individual's skills to perform specific movement patterns with predefined speed and range.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Task duration
- Movement mode
- Device range
- Route shape
- Exhalation
- Inhalation
- Speed of objects
- Resistance

OBJECTIVES

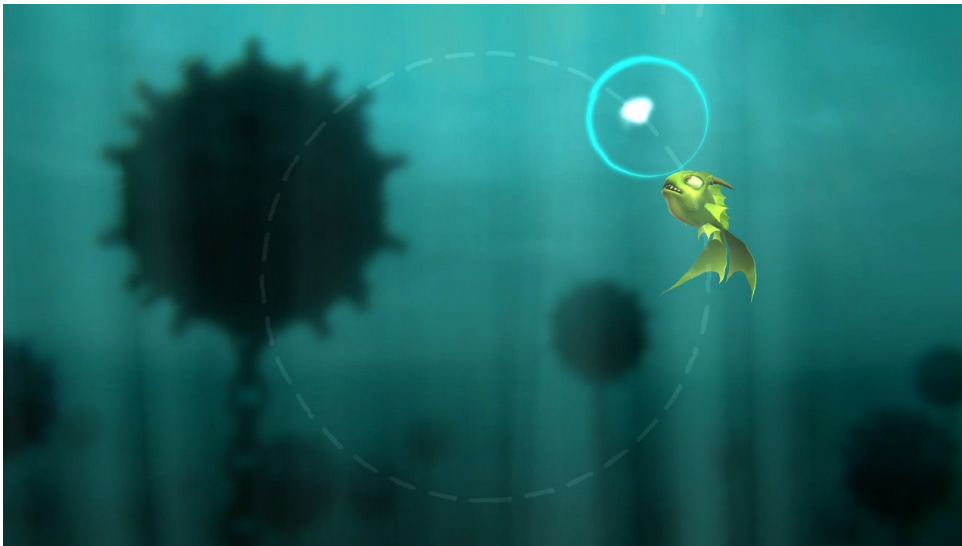
- 3D space movements reproduction
- Planned movements
- Muscle strengthening
- Movement precision
- Visual motor coordination




INSTRUCTION FOR PATIENT

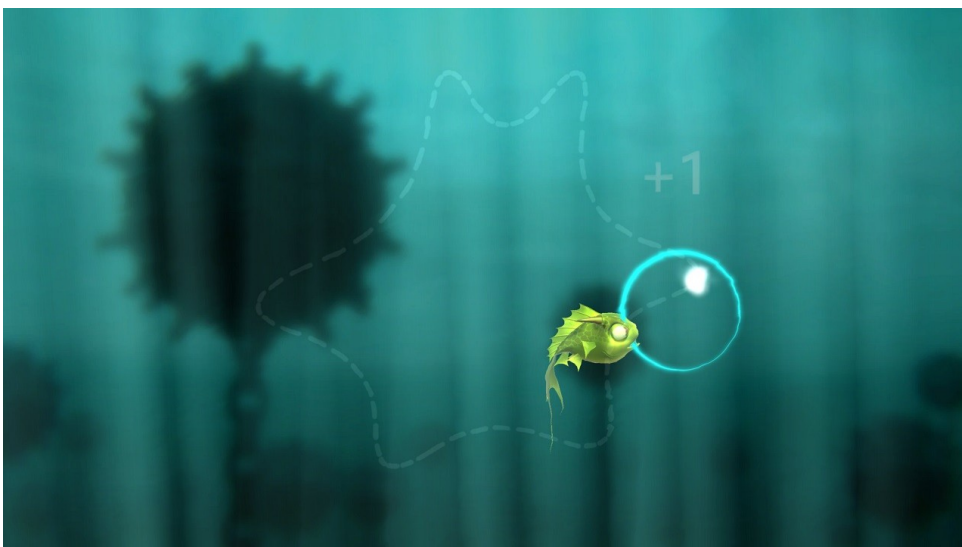
Move the blue circle to protect the sparks source from the fish.
When the sparks source is inside the circle it is safe.



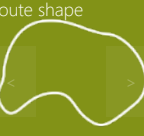


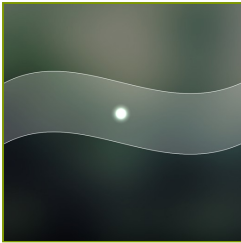
SAMPLE SETTINGS



			
◀		Difficulty custom	▶
Duration 90s		Movement mode Left	
Device range ? ↔ ?		Route shape 	
Exhalation 20% ↔ 80% ? ↔ ?		Inhalation 20% ↔ 80% ? ↔ ?	
Speed of objects 100%		Resistance max	



			
◀		Difficulty 1/3	▶
Duration 90s		Movement mode Left	
Device range ? ↔ ?		Route shape 	
Exhalation 20% ↔ 80% ? ↔ ?		Inhalation 20% ↔ 80% ? ↔ ?	
Speed of objects 100%		Resistance max	

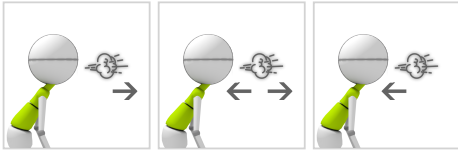


MOVEMENT PRECISION

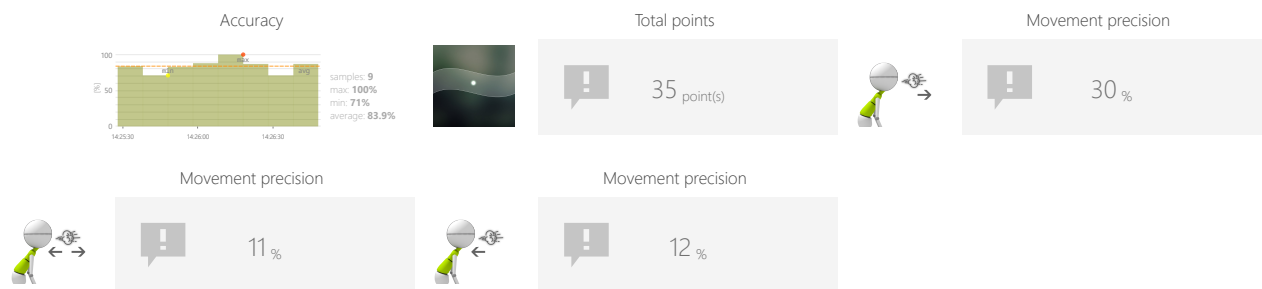
GRAPH

Measure and train individual's skills to perform specific movement patterns with predefined speed and range.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Graph shape (sinus or square, amplitude, border, etc.)
- Task duration
- Device range
- Exhalation
- Resistance

OBJECTIVES

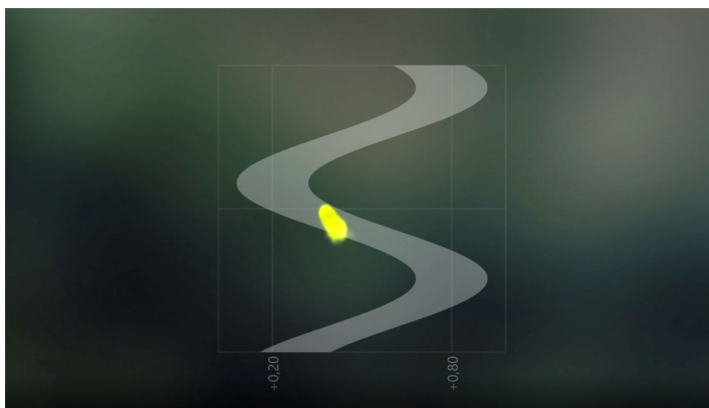
- Movement precision
- Activity in a given rhythm
- Repetitive movements
- Hands raising

INSTRUCTION FOR PATIENT

Try to stay within the borders.



SAMPLE SETTINGS



Difficulty: 3/3

Graph configuration

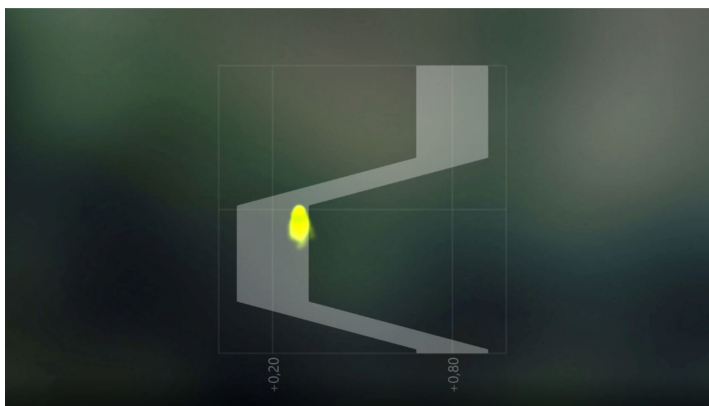
4.0s +/-: 20%

Duration: 30s

Device range: ? ↔ ?

Exhalation: 20% ↔ 80% ? ↔ ?

Resistance: max



Difficulty: 1/3

Graph configuration

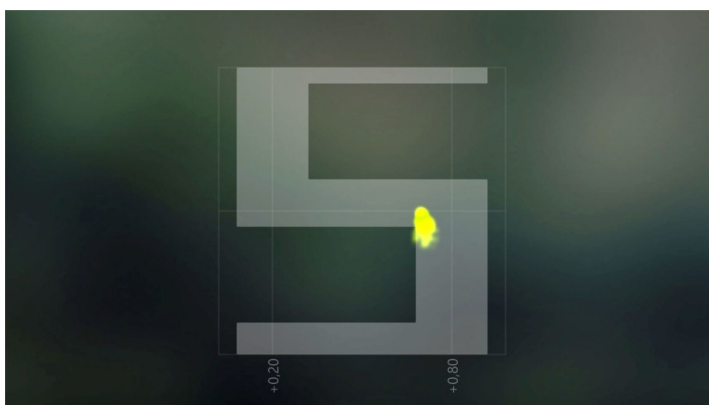
4.0s +/-: 40%

Duration: 90s

Device range: ? ↔ ?

Exhalation: 20% ↔ 80% ? ↔ ?

Resistance: max



Difficulty: custom

Graph configuration

+/-: 20% ↑ : 2.0s ↓ : 2.0s ↗ : 1.0s ↘ : 1.0s

Duration: 30s

Device range: ? ↔ ?

Exhalation: 20% ↔ 80% ? ↔ ?

Resistance: max

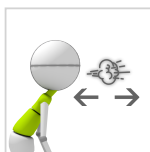


MOVEMENT PRECISION

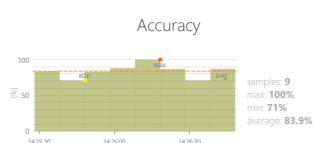
UMBRELLA

Measure and train individual's skills to perform specific movement patterns with predefined speed and range.

CONTROL MODES



RESULTS



Total points

15 point(s)



Movement precision

39 %

ADJUSTMENTS

- Task duration
- Path
- Device range
- Exhalation
- Inhalation
- Umbrella size
- Resistance

OBJECTIVES

- Movement precision
- Visual motor coordination

INSTRUCTION FOR PATIENT

Don't let the hippo get wet - keep the umbrella above him!



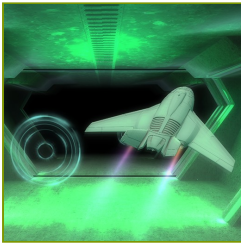
MOVEMENT PRECISION

UMBRELLA

SAMPLE SETTINGS



	Difficulty 1/3	
Duration 60s		Path 8.0s
Device range ? ↔ ?	Exhalation 20% ↔ 80% ? ↔ ?	
Inhalation 20% ↔ 80% ? ↔ ?	Umbrella size 150%	
		Resistance max



FUNCTIONAL MOVEMENTS

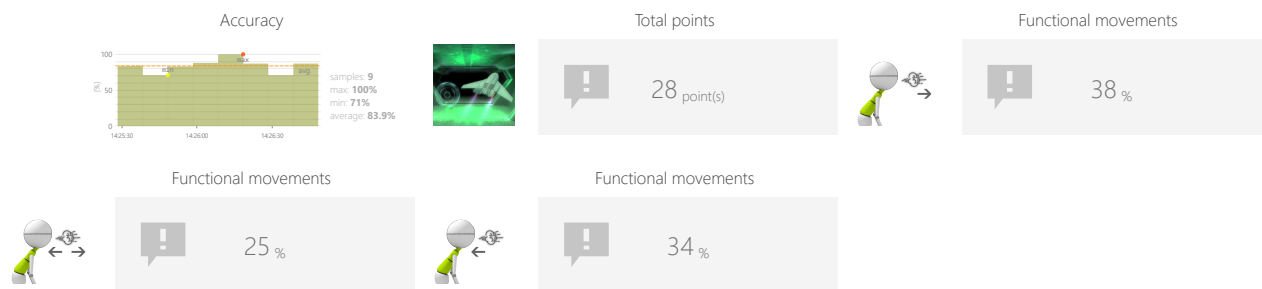
AIRPLANE

Measure and train individual's skills to perform movements based on real-world situational biomechanics. They usually involve multi-planar, multi-joint movements which place demand on the body's core musculature and innervation.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Speed
- Task duration
- Device range
- Exhalation
- Resistance

OBJECTIVES

- Focusing
- Perceptivity
- Movement precision
- Predicting the trajectory of objects in 3D space
- Balance and equilibrium training

INSTRUCTION FOR PATIENT

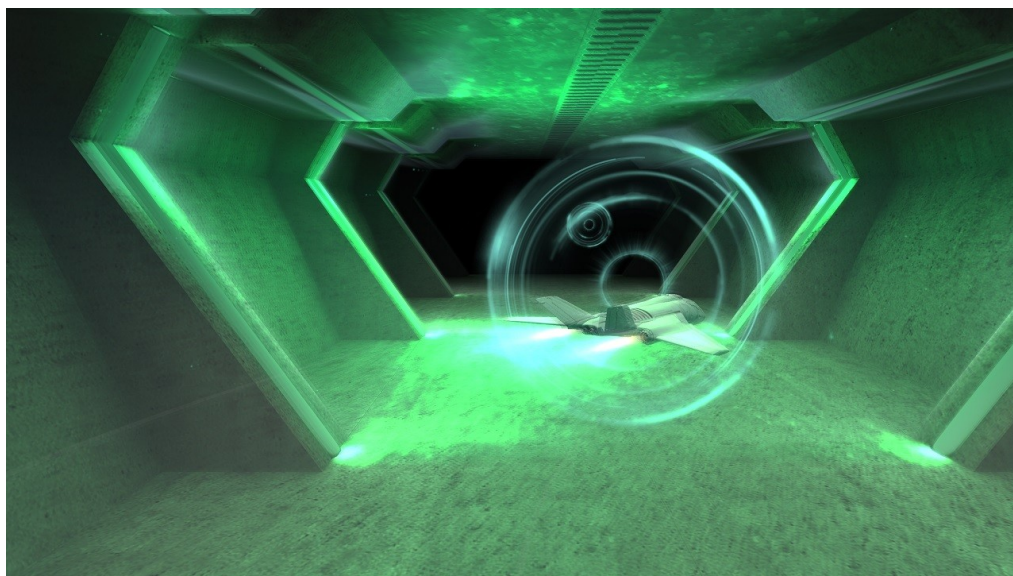
Make the airplane fly through the circles. The closer to the center it flies the more points you get.


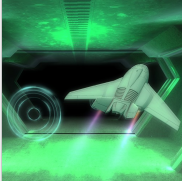


FUNCTIONAL MOVEMENTS

AIRPLANE

SAMPLE SETTINGS





◀

Difficulty
2/4

▶

Speed

< 100% >

speed set automatically

Duration

< 90s >

Device range

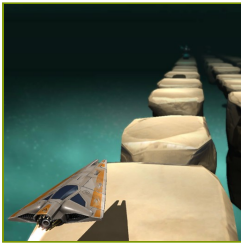
< ? ↔ ? >

Exhalation

20% ↔ 80%
? ↔ ?

Resistance

< max >



FUNCTIONAL MOVEMENTS

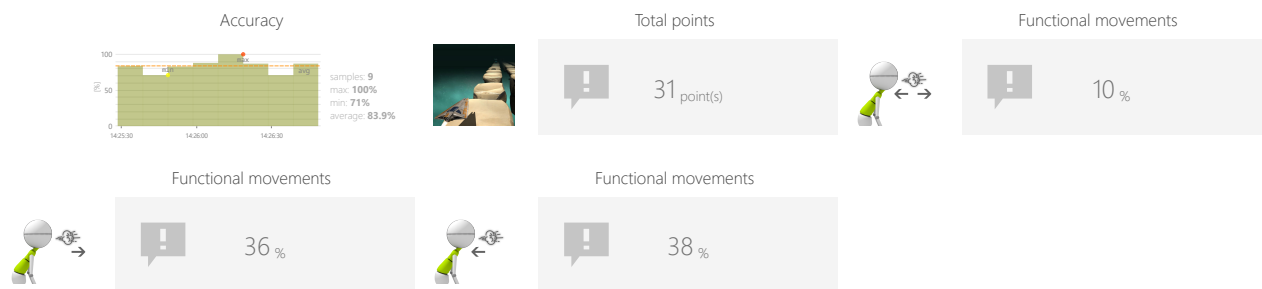
STONES

Measure and train individual's skills to perform movements based on real-world situational biomechanics. They usually involve multi-planar, multi-joint movements which place demand on the body's core musculature and innervation.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Speed
- Task duration
- Device range
- Exhalation
- Inhalation
- Resistance

OBJECTIVES

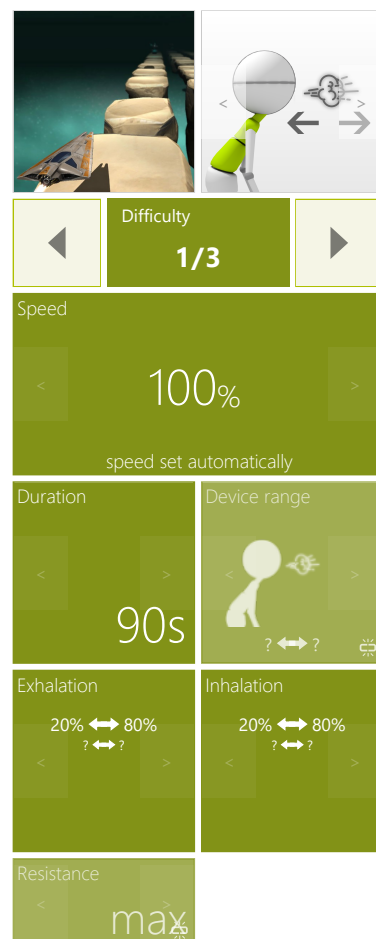
- Perceptivity
- Dynamics of planned movements
- Reaction to the positive visual stimuli
- Response to negative visual stimuli

INSTRUCTION FOR PATIENT

Make the the spaceship collect the colorful creatures and avoid the rocks.



SAMPLE SETTINGS





FUNCTIONAL MOVEMENTS

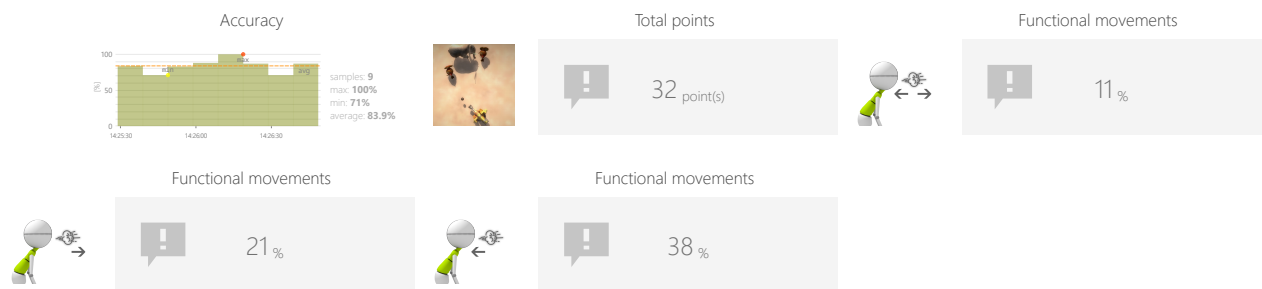
AUTOMATIC CANNON

Measure and train individual's skills to perform movements based on real-world situational biomechanics. They usually involve multi-planar, multi-joint movements which place demand on the body's core musculature and innervation.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Task duration
- Device range
- Exhalation
- Inhalation
- Enable distractors
- Time between cannonballs
- Time between enemies
- Enemies speed
- Resistance

OBJECTIVES

- Divided attention
- Spontaneous movements
- Arms swings
- Muscle strengthening

INSTRUCTION FOR PATIENT

Control cannon(s) to destroy robots, but avoid hitting the elephant!





FUNCTIONAL MOVEMENTS

AUTOMATIC CANNON

SAMPLE SETTINGS





◀

Difficulty

▶

1/3

◀

Duration


▶

90s

◀

Device range

▶



20% ↔ 80%

20% ↔ 80%

◀

Exhalation

▶

20% ↔ 80%

20% ↔ 80%

◀

Inhalation

▶

20% ↔ 80%

20% ↔ 80%

◀

Enable distractors

▶

No

◀

Time between cannonballs

▶

1s

◀

Time between enemies

▶

3s

◀

Enemies speed

▶

50%



◀

Resistance

▶

max





◀

Difficulty

▶

custom

◀

Duration


▶

90s

◀

Device range

▶



20% ↔ 80%

20% ↔ 80%

◀

Exhalation

▶

20% ↔ 80%

20% ↔ 80%

◀

Inhalation

▶

20% ↔ 80%

20% ↔ 80%

◀

Enable distractors

▶

No

◀

Time between cannonballs

▶

1s

◀

Time between enemies

▶

3s

◀

Enemies speed

▶

100%

◀

Resistance

▶

max

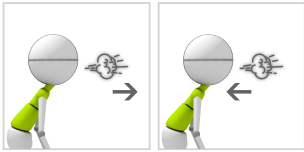


FUNCTIONAL MOVEMENTS

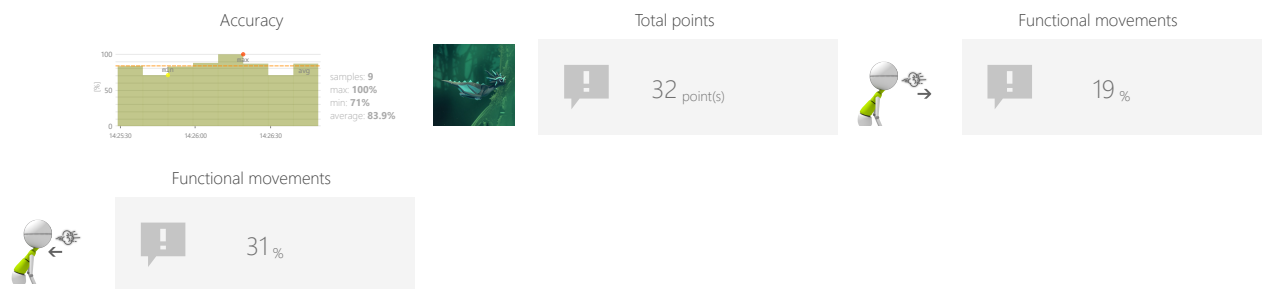
DRAGON

Measure and train individual's skills to perform movements based on real-world situational biomechanics. They usually involve multi-planar, multi-joint movements which place demand on the body's core musculature and innervation.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Task duration
- Device range
- Exhalation
- Coins group size
- Distance between coins
- Gravity force
- Resistance

OBJECTIVES

- Predicting the trajectory of objects
- Improve range of motion
- Visual motor coordination
- Muscle strengthening
- Planning and Strategy

INSTRUCTION FOR PATIENT

Fly and collect the coins.



FUNCTIONAL MOVEMENTS

DRAGON

SAMPLE SETTINGS



◀	Difficulty custom	▶
Duration 90s	Device range 	
Exhalation 20% ↔ 80%	Coins group size 3	
	Distance between coins 250%	
Gravity force 100%	Resistance max	



◀	Difficulty 1/3	▶
Duration 90s	Device range 	
Exhalation 20% ↔ 80%	Coins group size 5	
	Distance between coins 250%	
Gravity force 100%	Resistance max	

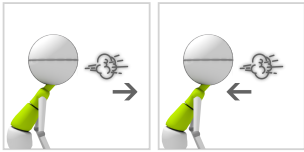


FUNCTIONAL MOVEMENTS

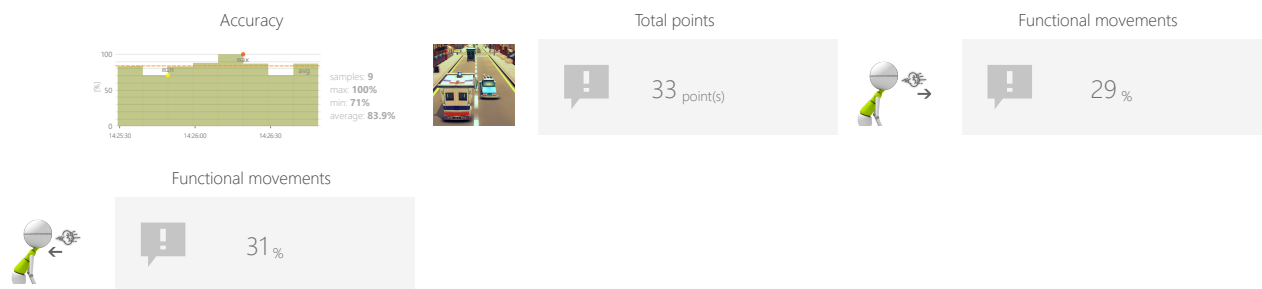
AMBULANCE

Measure and train individual's skills to perform movements based on real-world situational biomechanics. They usually involve multi-planar, multi-joint movements which place demand on the body's core musculature and innervation.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Speed
- Task duration
- Device range
- Exhalation
- Distance between cars
- Resistance

OBJECTIVES

- Balance and equilibrium training
- Dynamics of planned movements
- Focusing
- Speed of decision making
- Visual motor coordination

INSTRUCTION FOR PATIENT

Go as fast as you can and avoid hitting other cars.





FUNCTIONAL MOVEMENTS

AMBULANCE

SAMPLE SETTINGS





◀

Difficulty

▶

2/3

Speed

< 50% >

speed set automatically

Duration

< 30s >

Device range

< ? ↔ ? >

Exhalation

20% ↔ 80%
? ↔ ?



Distance between cars

< 50% >

Resistance

< max >





◀

Difficulty

▶

custom

Speed

< 50% >

speed set automatically

Duration

< 30s >

Device range

< ? ↔ ? >

Exhalation

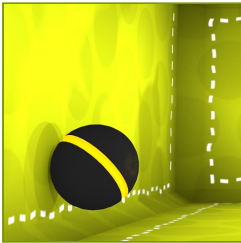
20% ↔ 80%
? ↔ ?

Distance between cars

< 200% >

Resistance

< max >

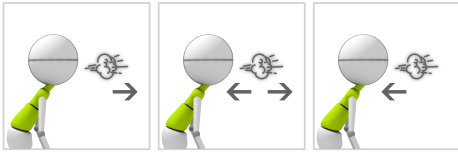


FUNCTIONAL MOVEMENTS

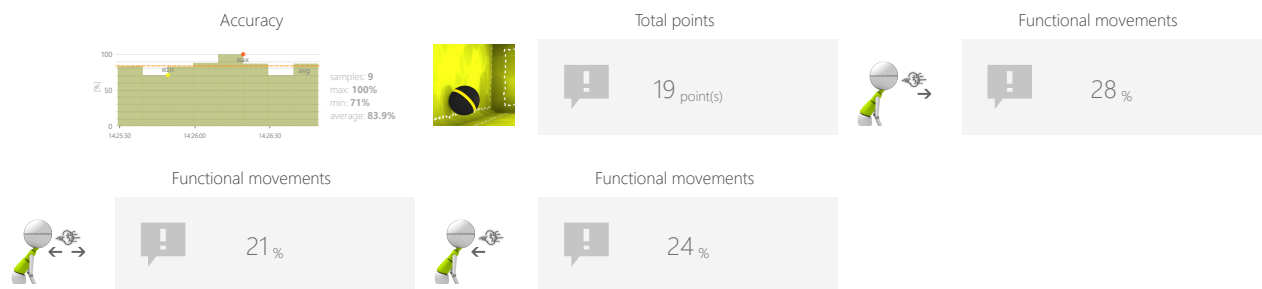
ARCANOID

Measure and train individual's skills to perform movements based on real-world situational biomechanics. They usually involve multi-planar, multi-joint movements which place demand on the body's core musculature and innervation.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Task duration
- Device range
- Exhalation
- Reticle size
- Speed of objects
- Resistance

OBJECTIVES

- Dynamics of planned movements
- Predicting the trajectory of objects in 3D space
- Visual motor coordination

INSTRUCTION FOR PATIENT

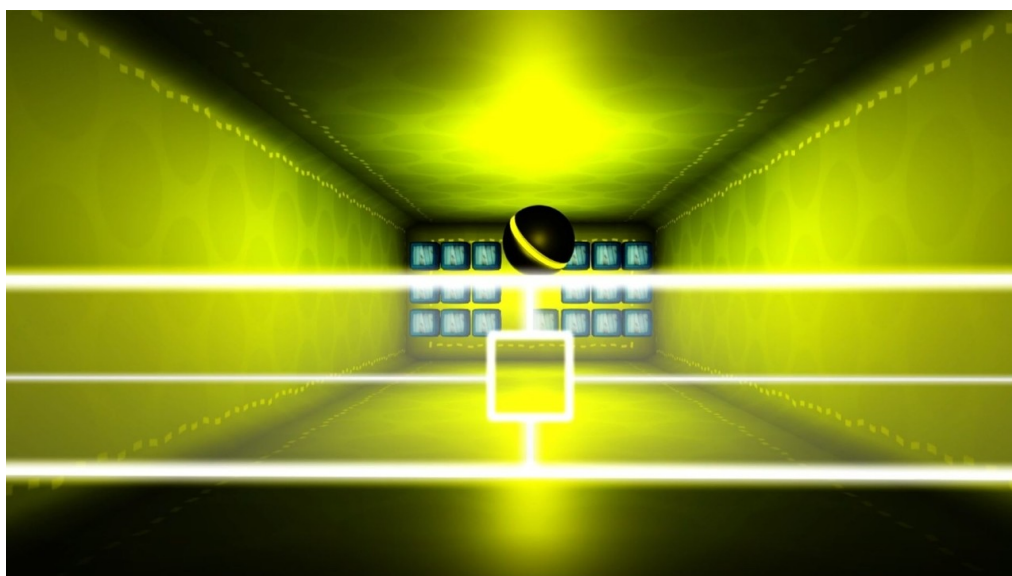
Destroy as many boxes as you can.


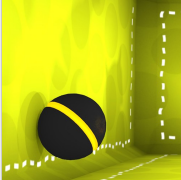


FUNCTIONAL MOVEMENTS

ARCANOID

SAMPLE SETTINGS





◀

Difficulty

▶

custom

◀

Duration

>

90s

◀

Device range

>

? ↔ ?

◀

Exhalation

>

20% ↔ 80%

? ↔ ?

◀

Reticle size

>

100%

◀

Speed of objects

>

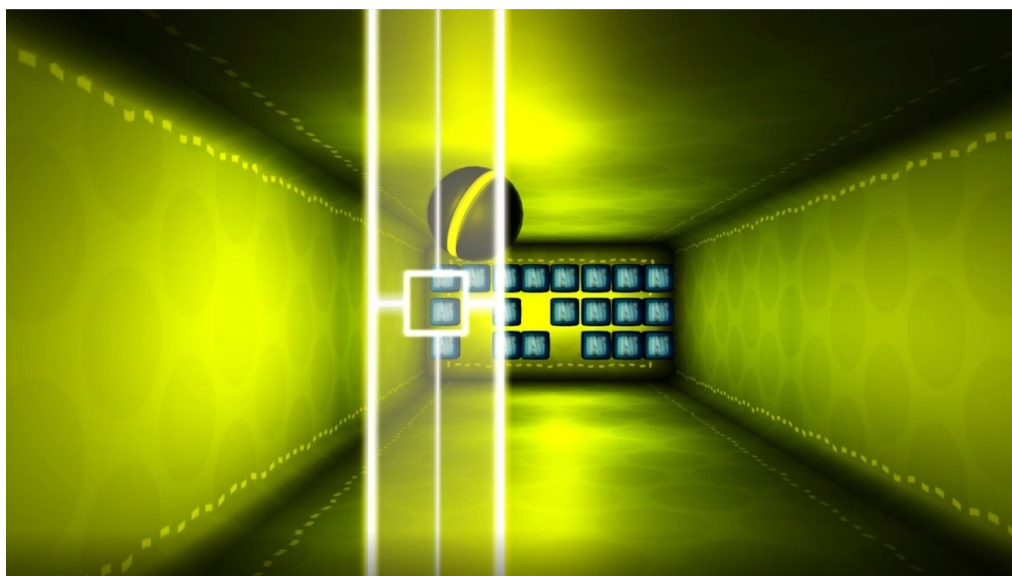
70%


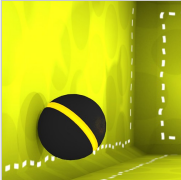
◀

Resistance

>

max





◀

Difficulty

▶

custom

◀

Duration

>

90s

◀

Device range

>

? ↔ ?

◀

Exhalation

>

20% ↔ 80%

? ↔ ?

◀

Reticle size

>

75%

◀

Speed of objects

>

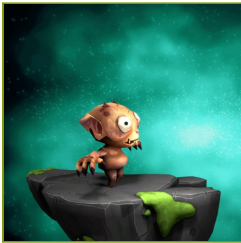
70%

◀

Resistance

>

max

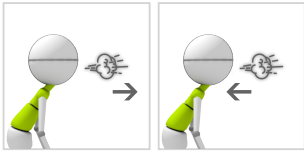


FUNCTIONAL MOVEMENTS

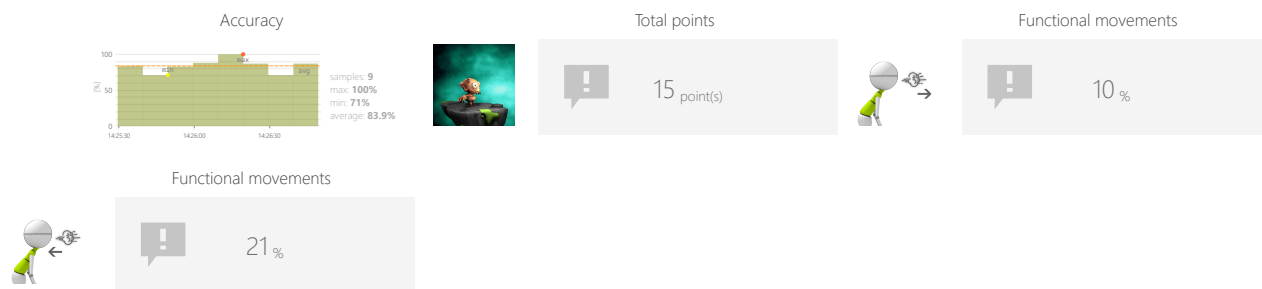
ROCKET JUMPING

Measure and train individual's skills to perform movements based on real-world situational biomechanics. They usually involve multi-planar, multi-joint movements which place demand on the body's core musculature and innervation.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Task duration
- Device range
- Exhalation
- Time between objects
- Bomb format
- Speed of objects
- Resistance

OBJECTIVES

- Spontaneous movements
- Dynamic responses to emerging moving targets
- Predicting the trajectory of objects

INSTRUCTION FOR PATIENT

Help the creature jump over incoming rockets and avoid being hit.



FUNCTIONAL MOVEMENTS

ROCKET JUMPING

SAMPLE SETTINGS



Difficulty 1/3	
Duration 90s	Device range
Exhalation 20% ↔ 80% ? ↔ ?	Time between objects 5s
	Bomb format 1
Speed of objects 100%	Resistance max



Difficulty custom	
Duration 90s	Device range
Exhalation 20% ↔ 80% ? ↔ ?	Time between objects 5s
	Bomb format 2
Speed of objects 100%	Resistance max

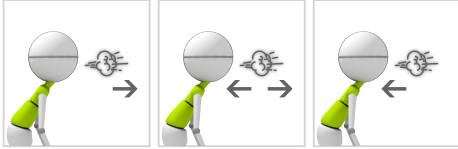


FUNCTIONAL MOVEMENTS

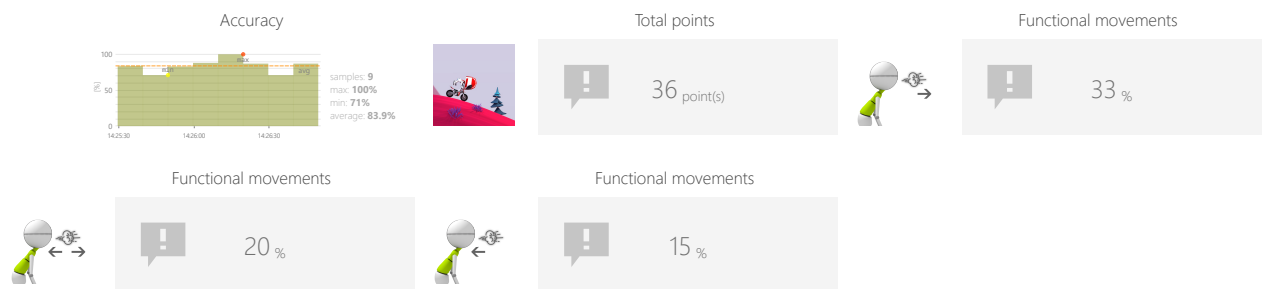
MOTOCROSS

Measure and train individual's skills to perform movements based on real-world situational biomechanics. They usually involve multi-planar, multi-joint movements which place demand on the body's core musculature and innervation.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Task duration
- Device range
- Exhalation
- Resistance
- Route shape

OBJECTIVES

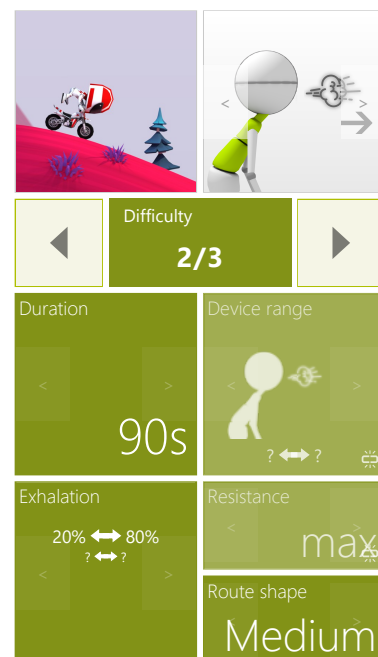
- Dynamics of planned movements
- Planning and Strategy

INSTRUCTION FOR PATIENT

Accelerate and brake to cover the entire route as quickly as possible without tipping.



SAMPLE SETTINGS



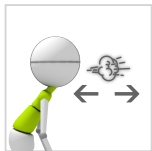


FUNCTIONAL MOVEMENTS

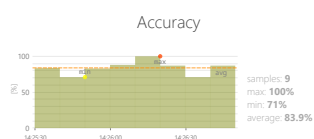
GEOMETRY FLIER

Measure and train individual's skills to perform movements based on real-world situational biomechanics. They usually involve multi-planar, multi-joint movements which place demand on the body's core musculature and innervation.

CONTROL MODES



RESULTS



Total points



32 point(s)

Functional movements



25 %

ADJUSTMENTS

- Speed
- Task duration
- Device range
- Exhalation
- Inhalation
- Resistance

OBJECTIVES

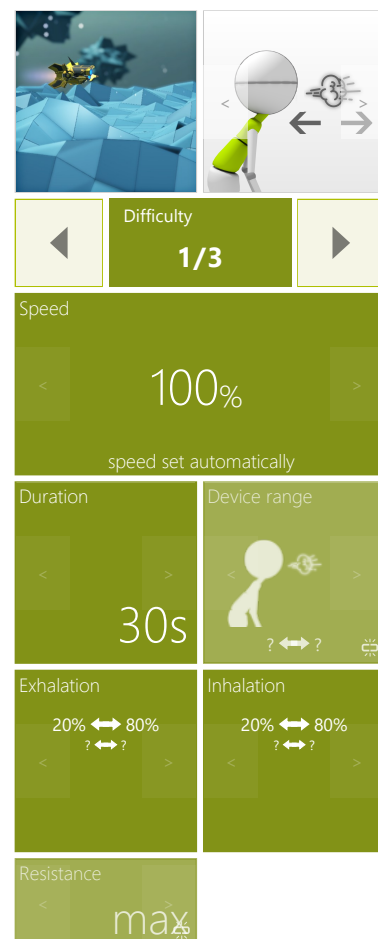
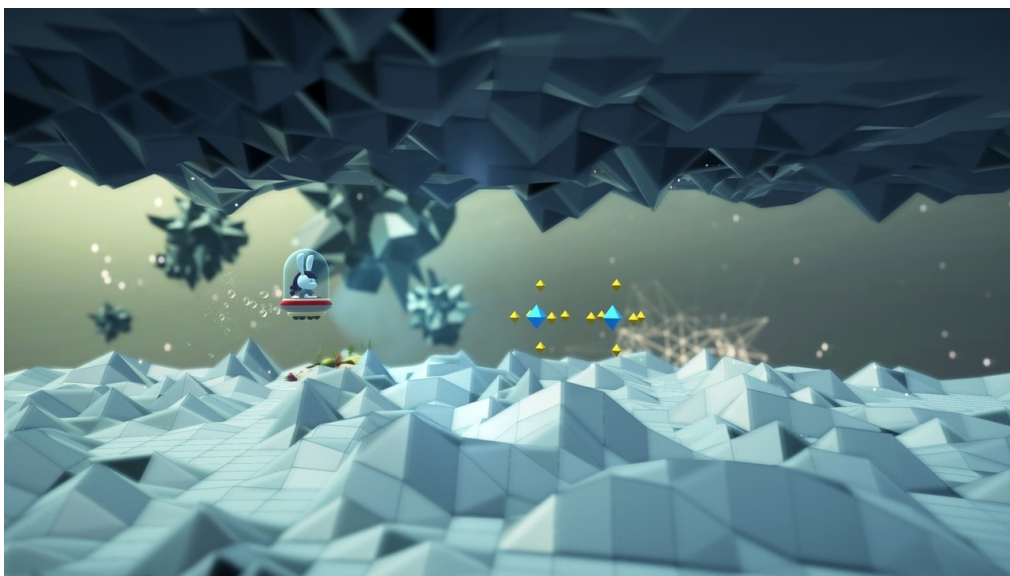
- Dynamics of planned movements
- Activity in a given rhythm
- Visual motor coordination

INSTRUCTION FOR PATIENT

Control the vehicle to avoid the obstacles.



SAMPLE SETTINGS





FUNCTIONAL MOVEMENTS

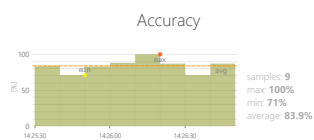
DANCEMAN

Measure and train individual's skills to perform movements based on real-world situational biomechanics. They usually involve multi-planar, multi-joint movements which place demand on the body's core musculature and innervation.

CONTROL MODES



RESULTS



Total points

22 point(s)

Functional movements

39 %

ADJUSTMENTS

- Task duration
- Device range
- Exhalation
- Inhalation
- Advanced scoring
- Song index
- Resistance
- Spawn rate level

OBJECTIVES

- Activity in a given rhythm
- Spontaneous movements
- Visual motor coordination

INSTRUCTION FOR PATIENT

Hit the green characters when they come close.



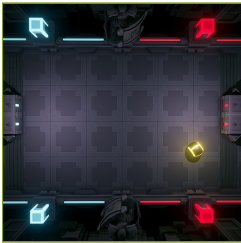
FUNCTIONAL MOVEMENTS

DANCEMAN

SAMPLE SETTINGS



	Difficulty 1/6
Duration 90s	Device range
Exhalation 20% ↔ 80% ? ↔ ?	Inhalation 20% ↔ 80% ? ↔ ?
Advanced scoring No	Song index 0
Resistance max	Spawn rate level Easy

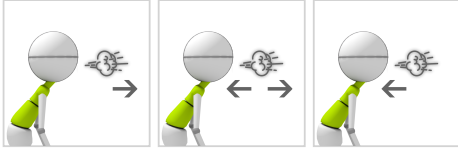


FUNCTIONAL MOVEMENTS

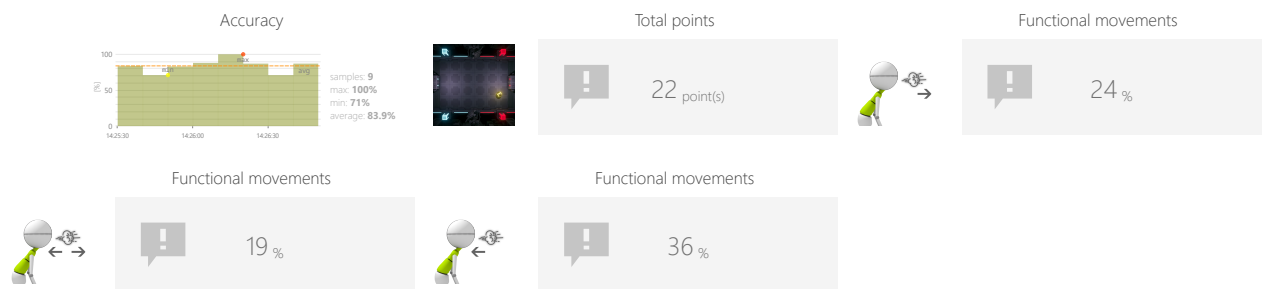
PONG

Measure and train individual's skills to perform movements based on real-world situational biomechanics. They usually involve multi-planar, multi-joint movements which place demand on the body's core musculature and innervation.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Task duration
- Device range
- Exhalation
- Speed of objects
- Resistance

OBJECTIVES

- Planned movements
- Focusing
- Predicting the trajectory of objects

INSTRUCTION FOR PATIENT

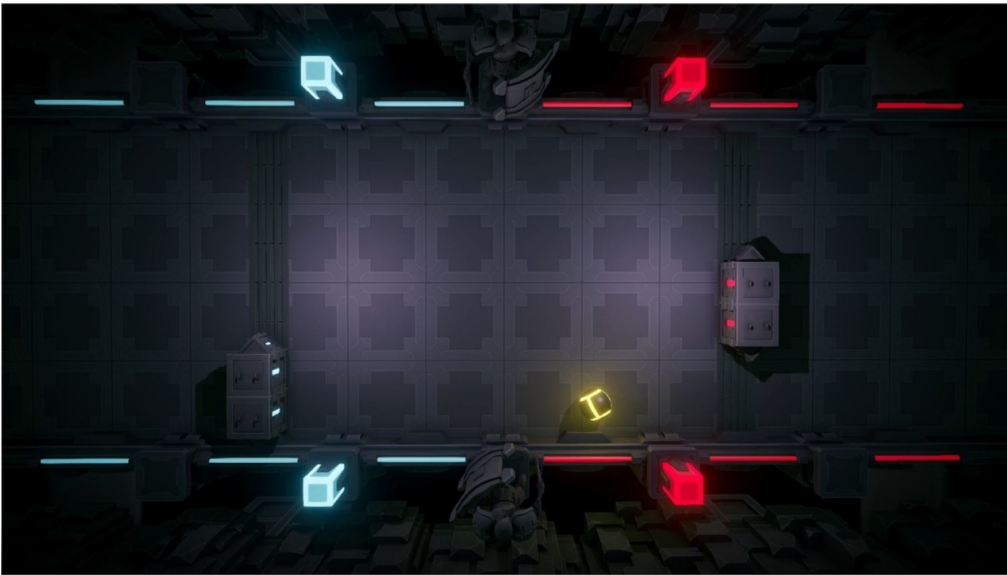
Use the paddles to hit a ball back and forth.


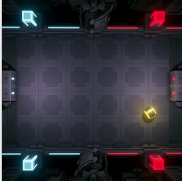



FUNCTIONAL MOVEMENTS

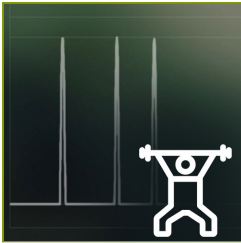
PONG

SAMPLE SETTINGS





◀	Difficulty 1/3	▶
Duration 90s		Device range  ? ↔ ?
Exhalation 20% ↔ 80% ? ↔ ?		Speed of objects 100%
		Resistance max

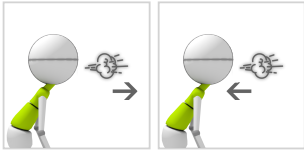


STRENGTH

STRENGTH TEST

Measure and gently motivate to increase individual's force while performing predefined movement patterns.

CONTROL MODES



ADJUSTMENTS

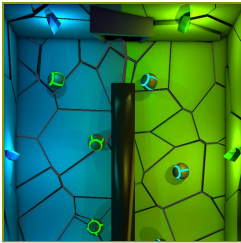
- Time to complete action
- Resistance

OBJECTIVES

- Strength examination
- Muscle strengthening

INSTRUCTION FOR PATIENT

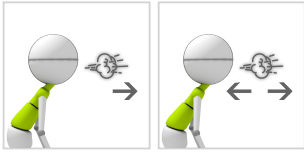
Try to achieve best result



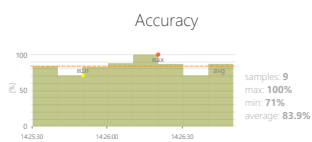
DIVIDED ATTENTION SORTER

Measure and train individual's skills to successfully execute more than one action at a time, while paying attention to two or more channels of information.

CONTROL MODES



RESULTS



Total points

32 point(s)



Divided attention

35 %

ADJUSTMENTS

- Task duration
- Device range
- Exhalation
- Number of objects
- Gap size
- Speed of objects
- Resistance

OBJECTIVES

- Predicting the trajectory of objects
- Focusing
- Perceptivity
- Movement precision
- Exercise with or without support from healthy limb

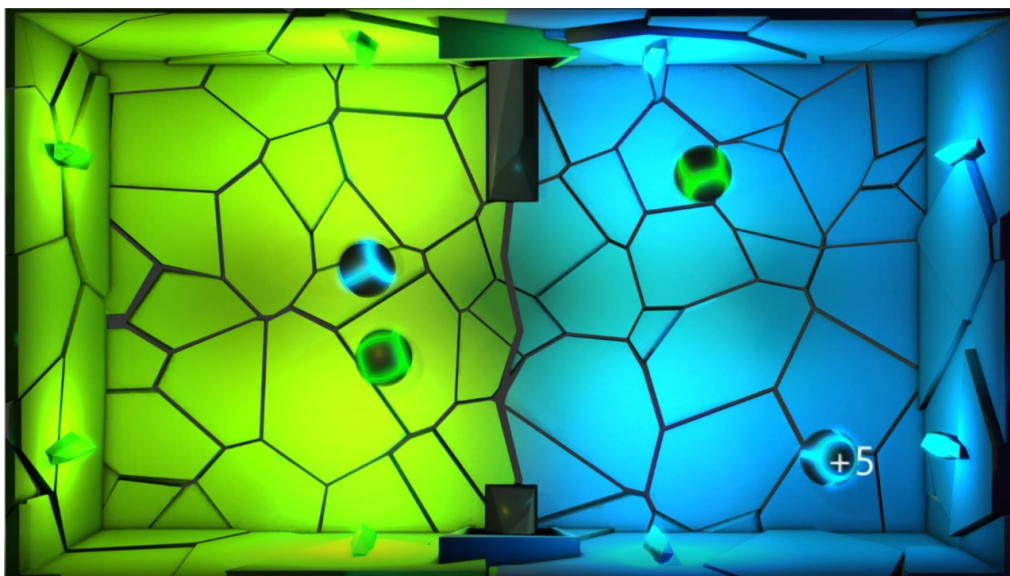
INSTRUCTION FOR PATIENT


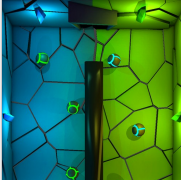
Pass or block the balls so that the blue balls are on the blue side and the green balls are on the green side of the screen.



DIVIDED ATTENTION SORTER

SAMPLE SETTINGS





◀ Difficulty 1/3 ▶

Duration
< 30s >

Device range
< ? ↔ ? >

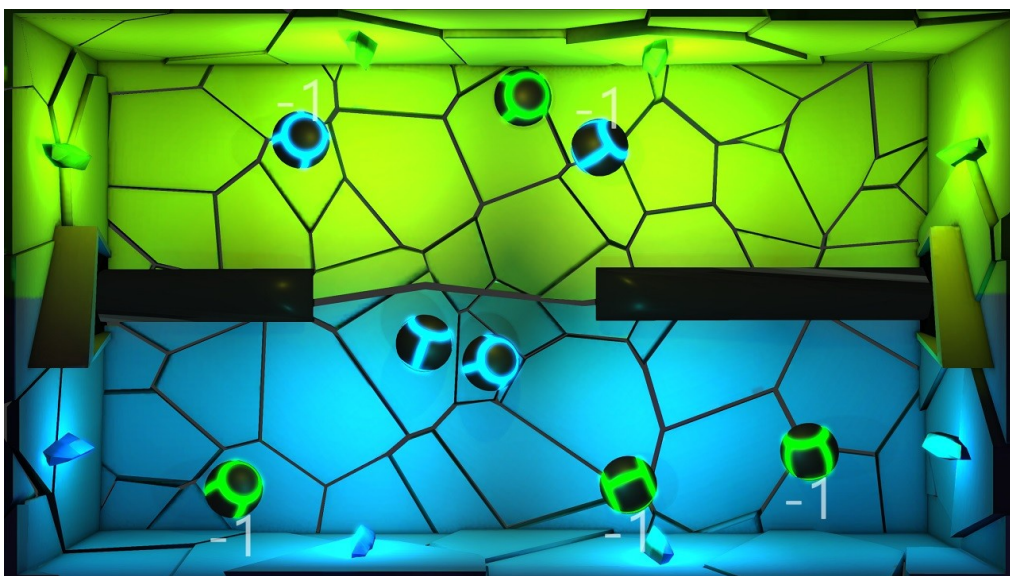
Exhalation
20% ↔ 80%
? ↔ ?


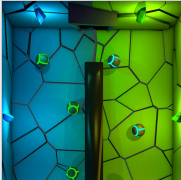
Number of objects
< 4 >

Gap size
< 150% >

Speed of objects
< 100% >

Resistance
< max >





◀ Difficulty 1/3 ▶

Duration
< 30s >

Device range
< ? ↔ ? >

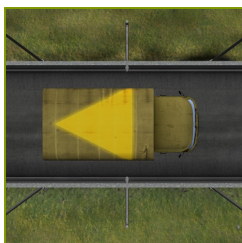
Exhalation
20% ↔ 80%
? ↔ ?

Number of objects
< 4 >

Gap size
< 150% >

Speed of objects
< 100% >

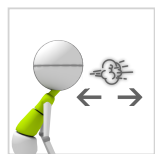
Resistance
< max >



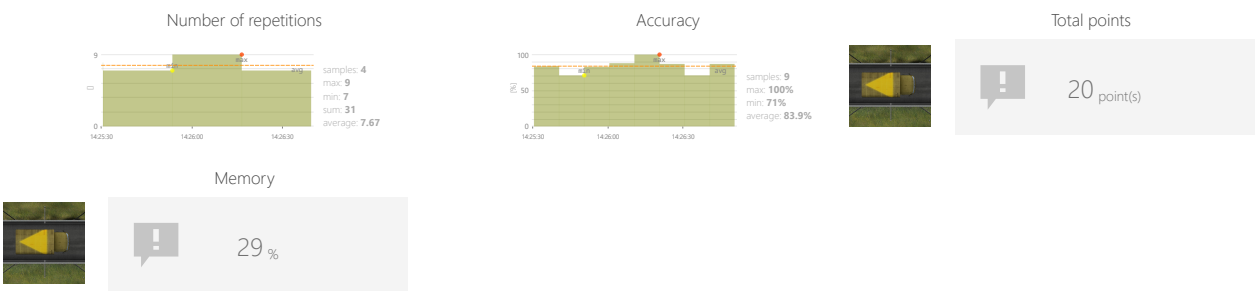
MEMORY TRUCKS

Measure and train individual's skills to memorize information.

CONTROL MODES



RESULTS



ADJUSTMENTS

- Task duration
- Device range
- Exhalation
- Inhalation
- Resistance
- Variations

OBJECTIVES

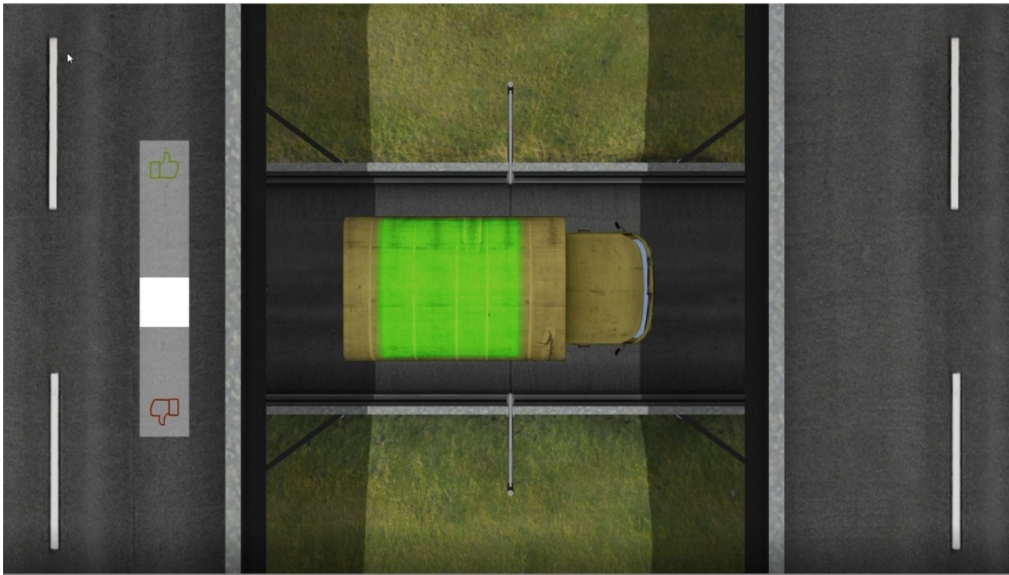
- Logical tasks
- Focusing
- Perceptivity


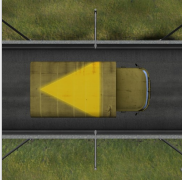
INSTRUCTION FOR PATIENT

Remember the shape and/or its color on the roof of the car you see. Decide with thumbs up or down whether the next car has the same shape and/or color on the roof as the previous one.



SAMPLE SETTINGS





◀

Difficulty
1/3

▶

Duration

< 30s >

Device range

< ? ↔ ? >

Exhalation

20% ↔ 80%
? ↔ ?

Inhalation

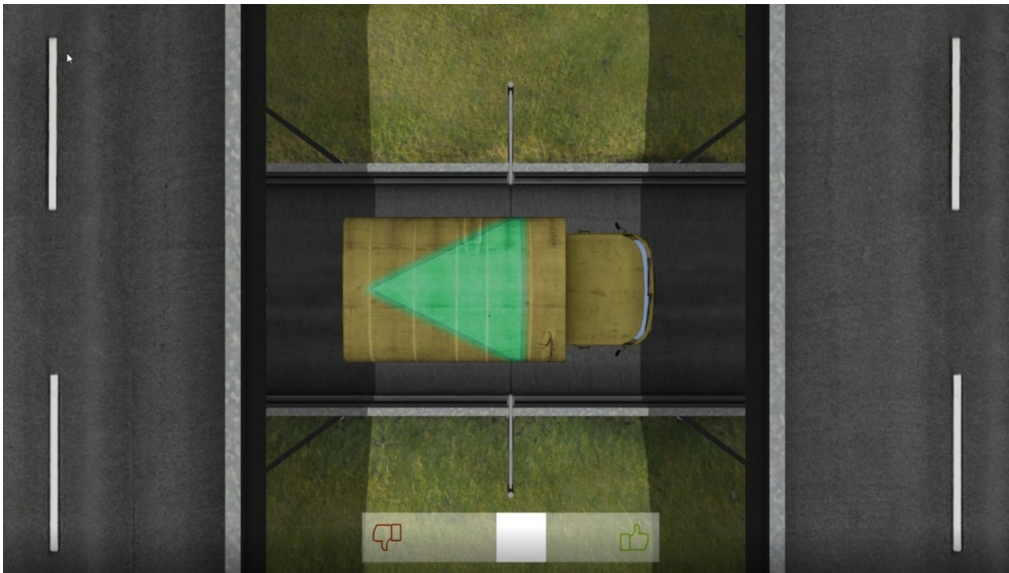
20% ↔ 80%
? ↔ ?


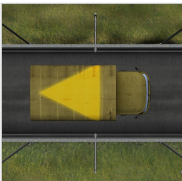
Resistance

< max >

Variations

< colors >





◀

Difficulty
2/3

▶

Duration

< 30s >

Device range

< ? ↔ ? >

Exhalation

20% ↔ 80%
? ↔ ?

Inhalation

20% ↔ 80%
? ↔ ?

Resistance

< max >

Variations

< shapes >



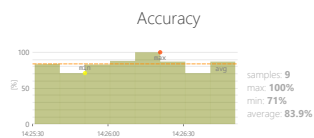
PROBLEM SOLVING CLONES

Measure and train individual's skills to reach a solution of specific problems. Problem solving may include mathematical or systematic operations and can be a gauge of an individual's critical thinking skills.

CONTROL MODES



RESULTS



Total points

19 point(s)



Problem solving

14 %

ADJUSTMENTS

- Task duration
- Time to complete action
- Device range
- Exhalation
- Inhalation
- Number of pairs
- Resistance

OBJECTIVES

- Perceptivity
- Visual motor coordination
- Logical tasks

INSTRUCTION FOR PATIENT

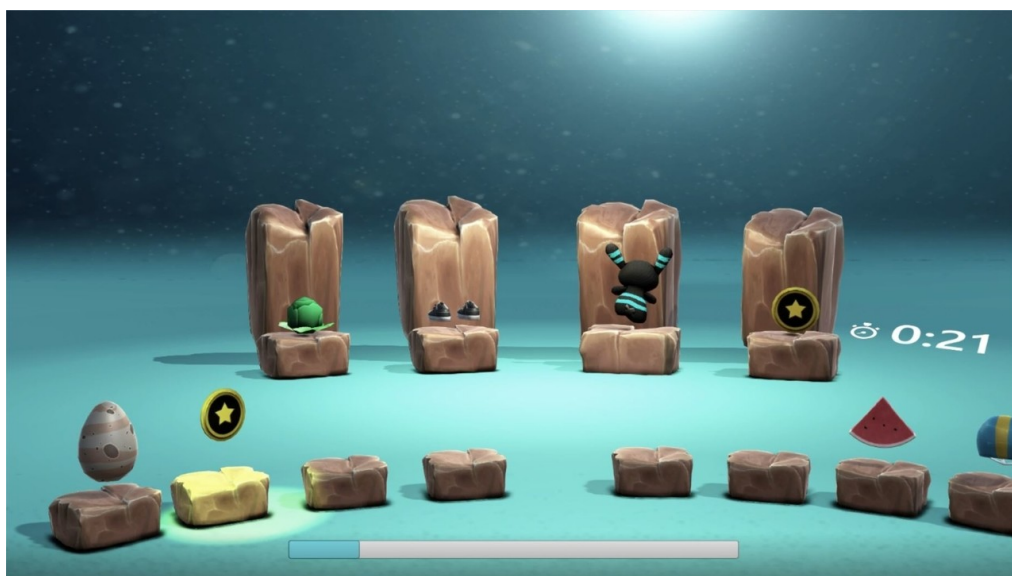
Select the item which has a pair on the screen.






PROBLEM SOLVING

CLONES

SAMPLE SETTINGS



			
Difficulty		1/3	
Duration	Minitask duration		
90s	30s		
Device range	Exhalation		
	20% ↔ 80% ? ↔ ?		
Inhalation	Number of pairs		
20% ↔ 80% ? ↔ ?	< 4		
Resistance		max	



SPECIALIZED

BLOOD PRESSURE

Specialized tasks and evaluations that collect data from multiple categories or do have a unique objectives.

CONTROL MODES



ADJUSTMENTS

- Device range
- Resistance

OBJECTIVES

- Monitor external parameters

INSTRUCTION FOR PATIENT

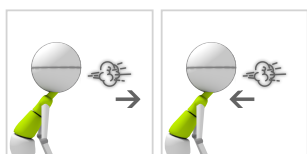
Measure yourself your blood pressure and type it in the result.



SPECIALIZED GONOGO TEST

Specialized tasks and evaluations that collect data from multiple categories or do have a unique objectives.

CONTROL MODES

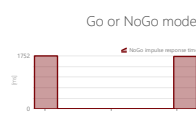


RESULTS



Number of NoGo impulses noticed (Go or NoGo mode)

4

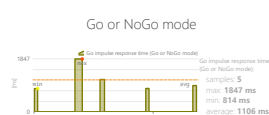


Number of Go impulses missed (always Go mode)

0

Number of Go impulses missed (Go or NoGo mode)

1



Time delay caused by distraction

37 %

Go or NoGo mode

3032 ms

Number of NoGo impulses hit (Go or NoGo mode)

2

Always Go mode

3000 ms

ADJUSTMENTS

- Device range
- Exhalation
- Required proper repetitions
- Hit if
- Resistance

OBJECTIVES

- Spontaneous movements
- Speed of movement
- Response to negative visual stimuli
- Reaction to the positive visual stimuli

INSTRUCTION FOR PATIENT

Hit the button when positive trigger appears.